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City of Westminster & Spring 2009

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Please visit Our Website www.westminster-ca.gov

CLASS REMINDERS

- Most recreation classes will begin the week of April 4th, 2009.
 Please check your starting date carefully.
- 2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!

Spring Highlights

March 30Spring Class Registration Begins

April 13

Spring Break Club Westminster Parks & Playgrounds Program Begins

April 19Pitch, Hit, & Run Competition

April 20Soccer Stars Program Begins

April 21 & 23 Lil' Kicker Soccer Begins

April 22Cheerleading Begins
Flag Football Begins

April 24Pee Wee Hoopsters Begin

April 25Mini Sports Begins

April 19-25 Keep America Beautiful Week

May 25
Memorial Day ~ City Offices Closed
Watch for Summer Brochure

W E S T M I N S T E R

SPRING 2009

COUNCIL THOUGHTS

Spring is definitely in the air! The days are staying light a little longer, fragrant blooms fill the air, and our new year is well under way. We had a fantastic TET Parade in Little Saigon on Saturday, January 31st



with our favorite mouse, MICKEY, as our Grand Marshall. We also had 97 entries, over 2,000 participants in the parade and a spectator crowd estimated at over 20,000! Whoa, that's quite a crowd!

We're getting ready to open our Splash Pad at Sigler Park for the Memorial Day weekend, so get ready for some really cool fun. We're very pleased to see so many children from all over town, coming to Sigler with family and friends to enjoy the Splash pad.

Take a look at the classes and programs being offered by Community Services and Recreation, sign up on-line, and enjoy yourself this Spring.

INTERNET ACCESS TO WESTMINSTER CITY COUNCIL MEETINGS.

Beginning this Spring, check the city's website at www.westminster-ca.gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

ACCESS & INCLUSION

In compliance with the Americans with Disabilities Act (ADA), the City of Westminster, Community Services & Recreation Department prohibits discrimination on the basis of race, color, national origin, age and disability in all of its programs. All are welcome to register and we encourage your participation. If you have special needs, please contact the Community Services & Recreation Department at (714) 895-2860.



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd. Monday – Thursday 7:30 a.m.- 5:30 p.m. Friday 7:30 a.m. - 4:30 p.m. Closed alternate Fridays 898-3311

CITY COUNCIL

Meetings are held the 2nd & 4th Wednesdays of the month in the Council Chambers at 7:00 p.m. 8200 Westminster Blvd.

Margie L. Rice MAYOR

(714) 898-3311 ext. 275 (714) 893-1732

Tri Ta

MAYOR PRO TEM (714) 898-3311 ext. 263

Frank G. Fry

COUNCIL MEMBER (714) 898-3311 ext. 271 (714) 893-3161

Andy Quach

COUNCIL MEMBER (714) 898-3311 ext. 274

Tyler Diep

COUNCIL MEMBER (714) 898-3311 ext. 262

Ramon Silver

CITY MANAGER (714) 898-3311

SPECIAL ACTIVITIES & INFORMATION



COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard Monday - Thursday • 7:30 a.m. - 5:30 p.m. Alternate Fridays • 7:30 a.m. - 4:30 p.m.

> RECREATION PROGRAMS FACILITY RENTALS 714-895-2860

> > **SENIOR CENTER** 714-895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE 714-895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Leo Lopez, Chairperson Jerry Meade, Vice Chairperson Nhi Ho Miriam Aguillares Jacko Luong

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director Greg Johnson

Assistant Community Services Director Diana Dobbert

> **Senior Services Supervisor** Mary Andrusky

Community Services Supervisor Vanessa Johnson

Family Resource Center Supervisor Delma Salmeron

Cable TV Production Supervisor LaVada Cordasco

Community Services Coordinators:

Stacy Yoshida – Sports Pam Gremling – Special Events Claire Hutchinson - Senior Services

Administrative Assistant

Jennifer Espinoza

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

YOUTH SPORTS CONTACTS

American Youth Soccer Organization (AYSO) Region 5 • (714) 345-5486 Region 143 • HOTLINE • (888) 714-2774 Westminster Little League • (714) 894-1578 Westminster Pony Baseball • (714) 892-0043 National Junior Basketball (NJB) • (714) 917-3565 Junior All-American Football • (714) 299-7619

~ SPECIAL EVENTS ~



BREAKEAST WITH THE EASTER BUNNY

Get ready for a hoppin' good time! Join us for a springtime event you won't want to miss! On Saturday, April 4, 2009 from 9:00 to 11:00 a.m. enjoy a pancake breakfast, crafts, and photos with the Easter Bunny. Adults are encouraged to bring their cameras to capture the special moment. Ticket prices are \$7.00 for adults and children. Children must be accompanied by an adult. SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!! For more information, please call the department at (714) 895-2860.

8010.201 \$7.00 (CHILDREN (2+) AND ADULTS)



ONLINE YOU'RE FIRST IN LINE!

Register online for any recreation activities at

www.activenet.active.com/westminster

It's quick, easy and always available for you!



SPECIAL ACTIVITIES & INFORMATION & EMPLOYMENT

~ SPECIAL EVENTS ~



CLUB WESTMINSTER

SPRING PARKS PROGRAM

Are you looking for something to do after a long, hard day at school? Check out Club Westminster! This recreation program is **free** for elementary school aged children. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. After School recreation fun includes arts & crafts, playground games, sports and much more. Park locations will be open Monday through Friday from 2:30 to 5:00 p.m.

Bolsa Chica Park 13660 University St. Park Phone (714) 897-5911 Liberty Park 13900 Monroe St. Park Phone (714) 412-2617 Sigler Park 7200 Plaza St. Park Phone (714) 892-9029

SPECIAL SPRING BREAK SCHEDULE

The After School Parks Program will be extending hours during spring break at Bolsa Chica, Sigler, and Liberty Parks. Park hours will be from 10:00 a.m. to 4:00 p.m. beginning Monday, April 13 through Friday, April 17.

SUMMER EMPLOYMENT OPPORTUNITIES

The Community Services and Recreation Department is seeking employees for our summer aquatics and parks programs. Programs begin mid-June and end in late August. Anyone interested in either program should complete an application at the Community Services and Recreation Department, 8200 Westminster Blvd., or call (714) 895-2860, for more information. Applications should be completed as soon as possible.

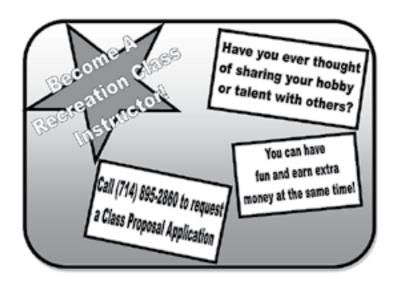
Aquatics Qualifications: Certification in Lifeguarding; WSI, CPR, and First Aid are required for Instructor/Lifeguard positions. Previous aquatic experience highly desirable.

Parks and Playground Qualifications:

Senior Recreation Leader: Minimum of two years experience or college in recreation, physical education, human services, or other related field. Knowledge of a variety of sports, crafts, and games. Ability to organize and supervise group activities; provide leadership for staff and participants. Prior experience working with children is a must.

Recreation Leader: Must be 17 years of age. Knowledge of a variety of sports, crafts, and games. Prior experience working with children is desired.

An enthusiastic, positive attitude is a must for all potential department employees!!



YOUTH SPORTS



SOCCER STARS

GOOOOAAAALLLL! Explore the techniques of soccer with the focus on ball handling, position play, and team strategies. Practices include drills and scrimmage to get a feel for a real soccer game. Participants should dress in comfortable clothes and tennis shoes (no cleats). No Practice on 5/25.

Instructor: Recreation Staff Ages: 8-12 yrs.
Fee: \$15.00 (Includes T-shirt) Length: 8 weeks
6010.201 SIGLER PARK M 4/20/09 3:30-4:30 P.M.

LIL' KICKERS

Learn the exciting game of soccer through the introduction of the basic skills. Practice basic techniques of dribbling, shooting, team play, and rules of the game. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff
Fee: \$15.00 (Includes T-shirt)
6010.202 SIGLER PARK TU 4/21/09 3:45-4:30 P.M.
6010.203 SIGLER PARK TH 4/23/09 3:45-4:30 P.M.

CHEERLEADING

Aspiring cheerleaders will learn basic cheer moves, jumps, and stunts in a safe environment. Wear comfortable clothes and tennis shoes. Skills learned will be showcased at the soccer games. Each participant will receive a t-shirt along with a set of pom-poms and a mini-megaphone.

Instructor: Recreation Staff Ages: 6-10 yrs.
Fee: \$15.00 Length: 8 weeks
6010.204 SIGLER PARK W 4/22/09 3:30-4:30P.M.

FLAG FOOTBALL

Have fun developing flag football skills while making new friends. Focus is on offense, defense and other basic techniques. The program provides young players an exciting opportunity to engage in a non-contact, continuous action while learning lessons in teamwork. A "nerf" type football is used for this introductory program.

Instructor: Recreation Staff Ages: 6-12 yrs.
Fee: \$15.00 (Includes T-shirt) Length: 8 weeks
6010.205 SIGLER PARK W 4/22/09 3:30-4:30 P.M.



PEE-WEE HOOPSTERS

Explore the basics of basketball. Participants will learn and develop the FUNdamental techniques in dribbling, passing, and shooting. Team play and strategies will be introduced. Adjustable rims and junior sized basketballs will be used.

Instructor: Recreation Staff
Fee: \$15.00 (Includes T-shirt)
6010.206
BOLSA CHICA PARK
F
4/24/09
3:45-4:30 P.M.
4/24/09
3:45-4:30 P.M.

MINI SPORTS

This new program introduces children to three very popular sports: basketball, soccer and t-ball. Boys and girls, ages 3 and 4 years, will play games while learning to dribble, pass, catch and kick. Parent participation is encouraged. No program on 5/23.

Instructor: Recreation Staff
Fee: \$15.00 (Includes T-shirt)

6010.208 SIGLER PARK \$A 4/25/09

Ages: 3-4 yrs.

Length: 6 weeks

4/25/09

9:00-9:45 A.M.

PITCH, HIT & RUN LOCAL COMPETITION

The Community Services & Recreation Department will be hosting a free Aquafina Major League Baseball Pitch, Hit & Run Competition on **Sunday, April 19, 2009** at Park West Park, 8301 McFadden Ave. from 9:00 a.m. to 12 noon.

Aquafina MLB Pitch, Hit & Run is a skills competition that allows youth to showcase their pitching, hitting and running abilities. Competitors are divided into four age divisions: 7/8, 9/10, 11/12, 13/14, and have the chance to advance through four levels of competition, including Team Championships at Major League ballparks and the National Finals at the MLB All-Star Game.

All participants must fill out a registration/waiver form prior to the start of the competition. Registration forms will be available on site on the day of the competition. For more questions, please contact the department at (714) 895-2860 ext. 567.







PRINCESS PLAYTIME!

Dress up in your most beautiful princess costume and come on over for a magical time featuring all things fairytale. We will be sharing princess tales, making glittery crafts, decorating fairytale cookies, hosting our own enchanted princess tea party, and much more!

1000.201	M	4/13/09	10:15-11:00 A.M.
Location: WCSB Room A			Min: 5 Max: 15
Fee: \$25			Length: 3 weeks
Instructor: Recreation Staff			Ages: 3-5 yrs.



SUPERHERO PLAYTIME!

Westminster • City of Progress • Built on Pride

Dress up in your most heroic super hero costume and come on over for a smashing good time! We will be sharing superhero tales, making cool superhero crafts and even have a superhero cookie party!

Instructor: Recre	eation Staff		Ages: 3-5 yrs.
Fee: \$25			Length: 3 weeks
Location: WCSB	Room A		Min: 5 Max: 15
1000.202	W	4/15/09	10:15-11:00 A.M.

CHILDREN'S MASTERPIECES WITH **PENCILS & PAINTS!**

Taught by professional artist, Pati Kent, children learn the necessary skills needed to inspire and improve their paintings and drawings, and have FUN while doing it! Classes alternate: drawing one week; painting the next. Beginners welcome!! Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting. Class will end with an informal art show of the children's work!

Instructor: Pati Kent			Ages: 7-12 yrs.
Fee: \$75 (+ materials fee)			Length: 5 weeks
Location: WCSB Craft Room			Min: 4 Max: 20
1000.203	W	4/15/09	3:15-4:15 P.M.
1000.204 W 5/20/09			3:15-4:15 P.M.

DRAWING AND PAINTING THE FUN WAY!

Maximize your time! This class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence by learning in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.

Instructor: Pati Kent			Ages: 12 yrs +
Fee: \$85 (+ materials fee)			Length: 5 weeks
Location: WCSB Craft Room			Min: 4 Max: 20
1000.205 W 4/15/09			1:15-2:45 P.M.
1000.206 W 5/20/09			1:15-2:45 P.M.

CARTOONING 101

Character drawing and basic cartooning are taught in this EXCITING class! An additional \$10 materials fee is payable to the instructor at the workshop which covers all supplies needed.

1000.207	M	4/27/09	3:30-5:00 P.M.
Location: WCSB Craft Room			Min: 3 Max: 20
Fee: \$30 (+ materials fee)			Length: 1 ½ hrs.
Instructor: Pati Kent			Ages: 7–12 yrs.



SCRAPBOOKING: WEEKEND GET-AWAY!

Pamper yourself and complete scrapbook pages during this fantastic get-away! Professional lighting, leather chairs, tasty breakfasts, and yummy snacks are just the start of what is in store for our weekend. An additional \$245.00 for lodging is due to the instructor upon registering. Five meals, two nights in a shared room, gifts, and plenty of scrapbooking time are included with this package. Registration due to the City of Westminster by May 20, 2009.

Instructor:Esther Grove Ages: Adult
Fee: \$40 (+ lodging) Length: 2 Full Days
Location: Bed & Breakfast/ Big Bear, CA Min: 1 Max: 11
1000.208 F 8/28/09 - 8/30/09 3:00 P.M.

POINT & SHOOT - CAMERA BASICS

Tame that digital camera! Learn the purpose of all those buttons and dials. THIS CLASS IS SPECIFICALLY DESIGNED FOR POINT AND SHOOT CAMERA USERS. Bring everything that came in the box with your digital camera, including the manual. An optional \$25 eBook is available in class.

 Instructor: Julie Diebolt Price
 Ages: 18 + yrs.

 Fee: \$53
 Length: 3 hours

 Location: WCSB Room A/B
 Min: 5 Max: 30

 1000.209
 TH
 5/07/09

 6:00-9:00 P.M.

CAMERA BASICS – SLR CAMERAS

Tame that digital camera! Learn the purpose of all those buttons and dials. THIS CLASS IS SPECIFICALLY DESIGNED FOR SLR CAMERA USERS. Bring everything that came in the box with your digital camera, including the manual. An optional \$25 eBook is available in class.

 Instructor: Julie Diebolt Price
 Ages: 18 + yrs.

 Fee: \$53
 Length: 3 hours

 Location: WCSB Room A/B
 Min: 5 Max: 30

 1000.210
 TH
 5/14/09

 6:00-9:00 P.M.

WOW! MY PICTURES ARE ORGANIZED

Create your digital workflow to get your pictures organized. Workflow is the entire process from taking pictures, editing, storing, and finally making them available to view. Learn about downloading and creating folders, sizing, making minor corrections, including cropping and emailing images. An optional \$25 eBook is available in class.

 Instructor: Julie Diebolt Price
 Ages: 18 + yrs.

 Fee: \$53
 Length: 3 hours

 Location: WCSB Room A/B
 Min: 5 Max: 30

 1000.211
 TH
 5/21/09

 6:00-9:00 P.M.

GET MORE WOW! WITH YOUR PICTURES

Discover simple techniques to create dramatically better photographs that make 'em says WOW! As we analyze photographs, we will have lively discussions about composition, lighting, posing, technical challenges encountered and practical solutions. Bring your favorite images on CD or jump drive for projection. An optional \$25 eBook is available in class.

 Instructor: Julie Diebolt Price
 Ages: 18 + yrs.

 Fee: \$53
 Length: 3 hours

 Location: WCSB Room A/B
 Min: 5 Max: 30

 1000.212
 TH
 5/28/09

 6:00-9:00 P.M.

SCRAPBOOKING FOR SENIORS!

Let's get together to have some fun! You will make your very own Spring scrapbook. It's so easy and relaxing. I will teach you step by step instructions to make a beautiful book of memories of your favorite family pictures. You can keep it for yourself or give it away as a gift. A \$5.00 material fee is due to the instructor at each class.

Instructor: Cynthia Okimura

Fee: \$40 (+ materials fee)

Location: WCSB Craft Room

*May 13 and May 20 classes held at WCSB A/B Room

1000.213

W

4/15/09*

Ages: 50 + yrs.

Length: 8 weeks

Min: 5 Max: 20

*May 13 and May 20 classes held at WCSB A/B Room

SCRAPBOOKING FOR TEENS!

Let's get together to have some fun! Do you want to show off your latest fun activity? Maybe you have your latest dance, sports, or just hanging with your friends pictures lying around....grab them all, and we will make an awesome scrapbook to show them off! A \$5.00 material fee is due to the instructor at each class.

Instructor: Cynthia Okimura

Fee: \$40 (+ materials fee)

Location: WCSB Craft Room

1000.214

F

Ages: 13 + yrs.

Length: 8 weeks

Min: 5 Max: 20

5:00-7:00 P.M.

JUST SHOOT ME! - DIGITAL PHOTOGRAPHY: BEGINNING

In this hands-on workshop, kids will learn the basics of using a digital camera. Freshi will supply all equipment so the class may learn together with ease. Students will learn basic lighting, posing and editing techniques.

Instructor: Freshi Staff
Fee: \$72
Location: WCSB – Room A
1000.215
W
5/13/09
Ages: 8-18 yrs.
Length: 5 weeks
Min: 10 Max: 15
3:00-4:00 P.M.

Register for classes online at www.activenet.active.com/westminster

(714) 895-2860



~ DANCE ~

LINE DANCING!

Ramble! Ramble! There are thousands of types of line dances for Latin, Folk, Soul and funk songs. Line dancing is healthy for the body and mind! Learn new steps and make friends while staying fit. There are many benefits to line dancing: Enhances cardiopulmonary function, memory and rhythm; boosts confidence; strengthens muscle tone and bone density; reduces stress from work and daily life; and expands your social life! Sign up today and learn a variety of basic steps from different kinds of dances under the direction of Jimmy Camarena, who has been teaching Line Dancing for the past 15 years! This class does not require a partner and is a great cardio work-out.

neld at W	CSB Room 3/4	
Location: WCSB E/W Room		
Fee: \$40		
Instructor: Jimmy Camarena		
	B E/W Ro	•

5/13/09*

6:30-7:30P.M.



HIP HOP

2000.202

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! Dance attire: Wear all black pants, tank and sneakers. Must have at least 3 months prior dance experience to take intermediate class. For more info visit our website at www.wespacdance.com

Instructor: Jaseida Mojica			Ages: 5 +		
Fee: \$45			Ler	ngth: 5 weeks	
Location: Wespac Dance Center			er Mii	n: 6 Max: 20	
2000.203	M	4/13/09	6:30-7:30P.M.	5-8 YRS. BEG.	
2000.204	M	5/18/09*	6:30-7:30P.M	5-8 YRS. BEG.	
2000.205	M	4/13/09	5:30-6:30P.M.	9-14 YRS. BEG.	
2000.206	M	5/18/09*	5:30-6:30P.M.	9-14 YRS. BEG.	
2000.207	Tυ	4/14/09	8:30-9:30P.M.	TEEN/ADULT	
2000.208	ΤU	5/19/09	8:30-9:30P.M.	TEEN/ADULT	
*No class of	n Mav	25. Makeup	class will be on J	lune 22	



FEATURED INSTRUCTOR SPOTLIGHT! JASEIDA MOJICA SEE PAGE . . . 25

BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st - 5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. Dance attire: Wear all pink or baby blue leotard, tights and ballet shoes, ballet skirt is optional. For more info please visit our website at www.wespacdance.com.

Instructor: Jaseida Mojica			Ages	:5+
Fee: \$45			Leng	th: 5 weeks
Location: Wespac Dance Center			ter Min:	6 Max: 10
2000.209	ΤU	4/14/09	4:30-5:30P.M.	5-12 YRS.
2000.210	Tυ	5/19/09	4:30-5:30P.M.	5-12 YRS.
2000.211	TH	4/16/09	4:30-5:30 P.M.	TEEN/ADULT
2000.212	TH	5/21/09	4:30-5:30 P.M.	TEEN/ADULT

HULA

Learn the cultural dance of the Hawaiian Islands. This class is geared towards students who are looking to get a great workout while having fun. Dance attire: Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at www.wespacdance.com

Instructor: Brenda Colombel			Ages: 5-12 yrs.
Fee: \$45			Length: 5 weeks
Location: Wespac Dance Center			Min: 6 Max: 10
2000.213	F	4/17/09	5:30-6:30P.M.
2000.214	F	5/22/09	5:30-6:30P.M.





TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, round offs, back handsprings and leaps. A must take course for anyone looking to try out for competitive cheerleading or dance team at any high school, university or professional level. Abs, chest and arms will be toned in the class! Tumbling attire: Wear any color leotard with shorts and no shoes. For more info visit our website at www.wespacdance.com.

Instructor: Susan Prough			Ages: 5-12 yrs.	
Fee: \$45			Length: 5 weeks	
Location: Wespac Dance Center			Min: 6 Max: 10	
2000.219	F	4/17/09	4:30-5:30P.M.	
2000.220	F	5/22/09	4:30-5:30P.M.	

BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great loimpact, cardio workout while dancing to the beautiful middle-eastern beats. Dance attire: Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional. For more info visit our website at www.wespac-dance.com or www.marlenadancer.com.

Instructor: N	Iarlena		Ages: Teen/Adult
Fee: \$45			Length: 5 weeks
Location: Wespac Dance Center			Min: 6 Max: 10
2000.215	W	4/15/09	6:30-7:30P.M.
2000.216	W	5/20/09	6:30-7:30P.M.
2000.217	SA	4/18/09	9:00-10:00AM
2000 218	S A	5/23/09	9:00-10:00AM





TAP

You will learn basic tap including shuffles, flaps and ball change in this rhythmic style of dance. Dance attire: Wear black tank or leotard with black jazz pants and tap shoes. For more info visit our website at www.wespacdance.com

Instructor: A	manda Mik	kelson	Ages: 5-13 yrs.
Fee: \$45			Length: 5 weeks
Location: Wespac Dance Center			Min: 6 Max: 10
2000.221	TH	4/16/09	3:30-4:30P.M.
2000.222	TH	5/21/09	3:30-4:30P.M.



OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Dance attire: Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at www.wespacdance.com.

Instructor: Jaseida Mojica

Fee: \$90 per couple

Location: Wespac Dance Center

Min: 3 couples

Max: 5 couples

2000.223 M 4/13/09

7:30-8:30P.M.

2000.224 M 5/18/09*

7:30-8:30P.M.





PEE WEE DANCE (INTRO TO DANCE)

Come learn the foundation for all dance styles in this combination of hip hop, jazz, tap, ballet and hula. Have fun while listening to friendly children's music. Dance attire: Pink leotard, tights and ballet shoes; tap shoes are optional. Parent class participation is encouraged, but not required. Student must be potty trained prior to taking class. For more info visit our website at www.wespacdance.com

Instructor: J	aseida	a Mojica		Ages: 2	2-6 yrs.
Fee: \$45				Length	: 4-5 weeks
Location: W	'espac	Dance Cente	r	Min: 6 /	Max: 10
2000.225	M	4/13/09	3:30-4:15 P.	M.	5 WEEKS
2000.226	M	5/18/09*	3:30-4:15 P.	M.	5 WEEKS
2000.227	F	4/17/09**	6:30-7:30P.	M.	4 WEEKS.
2000.228	F	5/22/09***	6:30-7:30P.	M.	4 WEEKS.

^{*}No class May 25. Makeup class will be on June 22



CLASSICAL BALLET, TAP, & JAZZ

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Jazz encourages freedom of creative expression. The most rewarding part of this program is that it enhances confidence and a positive self-image. These classes will be a combination of Ballet, Tap & Jazz for the beginner and intermediate dancers. No special shoes are required.

Instructor: Miss Dawna	Ages: 2-	-12 yrs.
Fee: \$40	Length:	5 weeks
Location: Garden Grove Sports	Min: 8	Max: 20
& Rec. Center		

2000.229 SA 4/25/09 11:40 - 12:20 P.M. (2-5 YRS.) 2000.230 SA 4/25/09 12:20 - 1:00 P.M. (5-12YRS.)

TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna	Ages: 9-24 mths.
Fee: \$40	Length: 5 weeks
Location: Garden Grove Sports	Min: 8 Max: 20
& Rec Center	

2000,231 SA 4/25/09 11:10-11:40 A.M.

^{**} No Class May 1

^{***}No Class June 5



BALLET, TAP, & JAZZ I

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of the 5 week session, after class. Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.

1/44/00* 44.00	44 45 4 44 (2 5 454)
*May 9 and May 30 classes held at WCS	SB Senior Dining Room
Location: WCSB East/West Room	Min: 8 Max: 15
Fee: \$40	Length: 5 weeks
Instructor: Elizabeth Gremling	Ages: 3-8 yrs.

2000.232	SA	4/11/09*	11:00 - 11:45 A.M. (3-5 YRS.)
2000.233	SA	4/11/09*	12:00 - 12:45 P.M. (6-8 YRS.)
2000.234	SA	5/23/09*	11:00 - 11:45 A.M. (3-5 YRS.)
2000.235	SA	5/23/09*	12:00 - 12:45 P.M. (6-8 YRS.)



BALLET, TAP, & JAZZ II

This class may be taken after participating in 2 sessions of Ms. Elizabeth's Ballet, Tap, and Jazz I. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the 5 week session, after class. Dance attire: pastel ballet shoes, tights, and leotards; tap shoes optional.

Instructor: El	izabeth Gr	emling	Ages: 5-8 yrs.
Fee: \$40		· ·	Length: 5 weeks
Location: WC	SB East/W	est Room	Min: 8 Max: 15
*May 9 and N	1ay 30 clas	ses held at WCSB	Senior Dining Room
2000.236	SA	4/11/09*	10:00-10:45 A.M.
2000.237	SA	5/23/09*	10:00-10:45 A.M.

~ MUSIC ~

MUSIC BEGINNINGS

This music class is designed for children ages 18 months to 3 years, each with an accompanying parent. The class meets once a week for a half hour and encourages singing, moving, listening, and playing instruments. An additional \$5.00 materials fee is payable to instructor at the first class.

Instructor: Ching Liew			Ages: 1½ - 3 yrs.
Fee: \$33 (+ materials fee)			Length: 6 weeks
Location: West Grove Park			Min: 5 Max: 12
3000.201	M	4/6/09	9:00-9:30 A.M.

MUSIC INTERMEDIATES

Curriculum is designed for the 3½ to 5 year old and encourages development of the whole child through music. Parents are welcome to attend the class. Class allows the child to experience music through speaking, singing, moving, listening, creating, and playing instruments. An additional \$5.00 materials fee is payable to instructor at the first class.

Location: West Grove Park	k	Min: 5 Max: 15
3000.202 M	n 4/6/09	9:30-10:30 A.M.

BEGINNING PIANO FOR CHILDREN OF ALL AGES

This fun, exciting class is for the beginner in piano or keyboard (ages 4-17), and will deal with all facets of music-making. Students will take their first steps in learning how to read music, playing the piano by ear, and creating their own songs. Along with this, a solid foundation in keyboard technic, music theory, and piano performance will be emphasized (recitals are held throughout the year, along with State Examinations). All classes are given on REAL quality acoustic pianos. This class is ongoing on a monthly basis and will continue throughout the school year and will be based on the student's progress. A material fee of \$10.00 will be due to the instructor.

Instructor: Dr. Robert Rios, Teresa Rios, and staff

			Ages: 4 -17 yrs.		
Fee: \$49 (+ materials fee)		Leng	th: 4 Weeks		
Location: The Piano Place		Min:	5 Max: 8		
3000.203	F	4/17/09	3:30-4:15 P.M.	(4-6 YRS.)	
3000.204	SA	4/18/09	10:30-11:15 A.M.	(4-6 YRS.)	
3000.205	F	4/17/09	4:15-5:00 P.M.	(7-9 YRS.)	
3000.206	SA	4/18/09	12:00-12:45 P.M.	(7-9 YRS.)	
3000.207	F	4/17/09	5:00-5:45 P.M.	(10-12 YRS.)	
3000.208	SA	4/18/09	12:45-1:30 P.M.	(10-12 YRS.)	
3000.209	F	4/17/09	5:45-6:30 P.M.	(13-17 YRS.)	
3000.210	SA	4/18/09	5:15-6:00 P.M.	(13-17 YRS.)	

Spring

RECREATIONAL CLASSES



ADULT BEGINNING PIANO

This class is for the adult beginner, and is a basic introduction to reading music and playing the piano by ear. Foundational to this approach will be learning of diatonic patterns, triads, and chords. An understanding of music theory, as well as technical and creative playing, will also be emphasized. This session will prove to you that playing the piano or keyboard can be fun and easy! A material fee of \$15.00 will be due to the instructor.

Instructor: Dr. Robert Rios, and staff

			Ages. 10 + yrs.
Fee: \$49 (+ materials fee)		Length: 4 Weeks
Location:	The Piano Place		Min: 5 Max: 8
3000.211	F	4/17/09	6:30-7:15 P.M.
3000.212	SA	4/18/09	6:00-6:45 P.M.

100c 18 + urg

INTERMEDIATE PIANO CLASS FOR CHILDREN AND ADULTS

If you've played the piano before, and need a "brush-up" course, this is the class for you. It is designed for children who have a background in reading the treble and bass staves, as well as basic rhythmic notation. We will present a basic understanding of music theory, teach students how to read popular music using chords, and inspire everyone to create their own music! In addition, piano technic, playing the piano by ear and performance skills will be covered (recitals are held throughout the year, along with State Examinations). All students will be admitted to each class by audition only. A material fee of \$15.00 will be due to the instructor.

Instructor: Dr. Robert Rios, Teresa Rios, and staff

			Ages: 6+		
Fee: \$49 (+	mate	rials fee)	Leng	th: 4 Weeks	
Location: T	he Pic	ino Place	Min:	5 Max: 8	
3000.213	SA	4/18/09	9:00-9:45 A.M.	(6-8 YRS.)	
3000.214	SA	4/18/09	11:15-12:00 P.M.	(6-8 YRS.)	
3000.215	SA	4/18/09	1:30-2:15 P.M.	(13-17 YRS.)	
3000.216	SA	4/18/09	3:00-3:45 P.M.	(ADULT)	
3000.217	SA	4/18/09	3:45-4:30 P.M.	(9-12 YRS.)	
3000.218	SA	4/18/09	4:30-5:15 P.M.	(9-12 YRS.)	

BEGINNING GUITAR CLASSES FOR CHILDREN

This fun class is for those children (ages 6-17) who have always wanted to strum the guitar! Students will enjoy playing folk songs and popular songs using chords, and will take their first steps in learning how to read notation. Playing in different rhythms and basic theory for the guitar will also be taught. Music recitals are held throughout the year. Entertain your family and friends with the beautiful sounds of the guitar! A material fee of \$15.00 will be due to the instructor.

Instructor:	aff Age	es: 6-17		
Fee: \$74 (+	Len	gth: 6 Weeks		
Location: T	he Pi	Mir	: 5 Max: 8	
3000.219	F	4/17/09	3:30-4:15 P.M.	(6-9 YRS.)
3000.220	F	4/17/09	4:15-5:00 P.M.	(10-12 YRS.)
3000.221	F	4/17/09	5:00-5:45 P.M.	(13-17 YRS.)





BEGINNING SINGING FOR CHILDREN

Have you been looking for a quality, reasonably priced vocal class? Look no further, because this class will provide all you have ever dreamed of in knowing how to sing! You will be trained in proper vocal technique, including posture, breathing, and phrasing. Students will also learn the art of performing (recitals are held throughout the year) and how to get the most out of your voice. Let this course be a quick, easy, and fun way to achieve your goals in singing! A material fee of \$15.00 will be due to the instructor.

Instructor: David Anthony
Fee: \$74 (+ materials fee)
Location: The Piano Place
3000.222
M
Ages: 10-17
Length: 6 Weeks
Min: 7 Max: 8
3:30-4:30 P.M.



CHILDREN'S CHORUS

We are happy to announce the formation of the Westminster Children's Chorus, fulfilling a definite and long standing need in our community. Formed and sponsored by Westminster's own "The Piano Place", the Choir invites boys and girls between the ages of 7-12 to take part, participating in the fun, fulfilling, and inspiring experience of group singing. There is no experience required to join, except the love for music, and especially the love for singing in a children's chorus! A material fee of \$15.00 will be due to the instructor.

Instructor: David Anthony
Fee: \$60 (+ materials fee)
Location: The Piano Place
3000.223 M 4/13/09
Ages: 7-12
Length: 6 Weeks
Min: 10 Max: None

Fountain Valley Music General Instructions: Students will need to bring their instrument and materials with them, with the exception of piano classes. <u>Material fees are not included in class registration fees and vary from \$10.00-\$27.00 per course</u> (unless not noted). Make-up lessons are not available for group sessions.

GOTTA' SING! TODAY'S TOP HITS

This is a fun vocal techniques class. All ages are taught proper breathing, posture and technique. You will learn how to train your voice while learning to sing in a group. Music is age appropriate based on group interest, examples: Mylie Cyrus/Hannah Montana, High School Musical & more. Materials Fee: \$19.95 (book lasts through multiple 6 week sessions)

Instructor: FVM Staff
Fee: \$90 (+ materials fee)
Location: Fountain Valley Music

3000.224
M
Ages: 7-12 yrs.
Length: 6 weeks
Min. 4 Max: 10
5:00-6:00 p.M.



SESAME STREET MUSIC WORKS PROGRAM

3000.226

Тн

Sesame Street Music Works program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers and caregivers to be involved in music making. The program taps into the appeal of one of the world's most respected children's shows to reach a whole new generation of music makers. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program. Learn from the best! Material Fee is \$10.

Instructor: FVM Staff
Fee: \$60 (+ materials fee)
Location: Fountain Valley Music
3000.225
Tu
4/14/09
Ages: 2-6 yrs. + Adult
Length: 6 weeks
Min: 4 Max: 10
10:00-10:45 A.M.

4/16/09

3:00-3:45 P.M.



GUITAR MADE E-Z! 101 A

This course is a basic approach to playing the guitar, for beginners only. You will learn to read notation and tab in addition to rhythms and technique. A materials fee of \$12.95 (plus tax) is payable to instructor at first class. Please bring your guitar to practice or you may rent one for a nominal cost.

Instructor: I	Age	s: 6 yrs. +		
Fee: \$90 (+	Len	gth: 6 weeks		
Location: F	ountai	in Valley Mus	ic Min	: 4 Max: 10
3000.227	W	4/15/09	3:30-4:30 P.M.	(6-8 YRS.)
3000.228	W	4/15/09	5:00-6:00 P.M.	(9-12 YRS.)
3000.229	W	4/15/09	6:00-7:00 P.M.	(13-17 YRS.)
3000.230	W	4/15/09	7:00-8:00 P.M.	(ADULTS)

MIX'N TO THE MUSIC

In this workshop, kids use professional music mixers and software to create their own music. They will work as a group to make a soundtrack for a short film or animation.

Instructor: Freshi Staff			Ages: 8-18
Fee: \$36			Length: 2 hrs.
Location: WCSB – Craft Room			Min: 10 Max: 15
3000.231	SA	5/2/09	9:00-11:00 A.M.
3000.232	SA	5/23/09	9:00-11:00 A.M.

~ SPECIAL INTEREST ~

TUTORING! - STUDY SKILLS PART 1 ~NEW!

Not enough hours in your day? Are homework and school projects taking time away from sports, friends, and family? Learn how to study more efficiently! This course will help you to manage your time, recall information more efficiently, interpret graphic aids from your textbooks, and use Cornell notes to learn and recall important information in Science, Social Studies, and other subjects. A \$10 material fee will be due to the instructor at class.

4000.238	M	4/13/09	4:00 - 6:00 P.M.
Location: WC	Min: 12 Max: 25		
Fee: \$104 (+ m	Length: 4 weeks		
Instructor: Kr	Ages: Grades 4-8		

TUTORING! - STUDY SKILLS PART 2 ~NEW!

Are you confused about what information to put in your class lecture notes? Learn the 5 things you must do to get the best grade on Multiple Choice, True/False, Matching, and Essay tests. And what about those math word problems? Even though you can do the math, are the word problems knocking your grade down? Learn to use SQRQCQ, the library, the internet, and reference sources to get the grades you deserve. A \$10 material fee will be due to the instructor at class.

Instructor: Kr	Ages: Grades 4-8			
Fee: \$104 (+ n	naterials	Length: 4 weeks		
Location: WCSB - Craft Room			Min: 12 Max: 25	
4000.239	M	4:00 - 6:00 P.M.		
*No class on May 25. Makeup class will be on June 8.				

GO GREEN WITH SOY WAX CANDLES

This fun and easy hands on workshop will teach you how to make soy wax candles. You will learn the benefits of soy wax candles as an alternative to paraffin candles. You will leave the class with a finished project for your home or as a gift. A \$15 material fee is payable to the instructor at the class meeting.

Instructor: L	Ages: 18 yrs. + Length: 3 hrs.		
Fee: \$25 (+ material fee) Location: H. Louis Lake Sr. Center			Min: 3 Max: 25
4000.201	TH	3/26/09	6:00-9:00 P.M.
4000.202	TH	4/16/09	6:00-9:00 P.M.

STOP MOTION COMMOTION: BEGINNING ANIMATION

Roll up your sleeves and get dirty in this hands-on animation class. Using play dough, construction paper, Lego and action figures, kids work together to imagine, plan, create and shoot a film.

4000.203	W	4/8/09	3:00-4:00 P.M.
Location: V	VCSB – East/	West Room	Min: 10 Max: 15
Fee: \$72			Length: 5 weeks
Instructor:	Freshi Staff		Ages: 8-18 yrs.

FRESHI MOVIE MAGIC: FILMAKING BASICS

Ever dream of making movies? In this hands-on digital film-making program, kids will learn basic camera shots and storytelling structure. Together they will make a mystery, horror or animated film. They will plan, act and shoot the whole thing!

4000.204	W	4/8/09	4:00-5:00 P.M.
Location: WCSB – East/West Room			Min: 10 Max: 15
Fee: \$72			Length: 5 weeks
Instructor: I	reshi Staff		Ages: 8-18 yrs.





CHARMED, I'M SURE (ETIQUETTE FOR TODAY'S YOUNG LADIES)

Good manners never go out of style! Young girls ages 9-19 are invited into an environment that teaches and promotes the forgotten art of charm, manners, and grace while fostering esteem building socialization. Give the girls in your life the lasting gift of being considerate, poised and confident young ladies. Friends and Family Gala at last class!

Instructor: A	Ages: 9-19		
Fee: \$65	Length: 6 weeks		
Location: WCSB - Craft Room			Min: 10 Max: 25
4000.240	TH	4/16/09	4:00 - 5:00 P.M
4000.241	TH	5/2809	4:00 - 5:00 P.M

VIDEO GAME DESIGN: BEGINNING

In this workshop style class, kids will work as a group to create a video game. They will create characters, design storyline, add sound effects and learn the fundamentals of programming and design. All while having a blast!

4000.205 W	5/13/09	4:15-5:15 P.M.
Location: WCSB - Room A		Min: 10 Max: 15
Fee: \$72		Length: 5 weeks
Instructor: Freshi Staff		Ages: 8-18

WHO SAID THAT? A VOICE OVER WORKSHOP

Learn to change your voice and create different characters. With the help of trained professionals and digital voice modulation, become the voices for an animated project.

Instructor	: Freshi Staff		Ages: 8-18
Fee: \$36			Length: 2 hrs.
Location: WCSB – Craft Room			Min: 10 Max: 15
4000.206	SA	4/18/09	9:00-11:00 A.M.
4000.207	SA	5/9/09	9:00-11:00 A.M.

STUNT FIGHTING - POW!

Learn all the moves to create a high-powered action scene. You will be taught how to stage a fight without actually landing a punch. Learn fight techniques of the pros and how to trick the camera into making it all look real. Be prepared to rumble!

Instructor: Fr	Ages: 10-17		
Fee: \$36	Length: 2 hrs.		
Location: WCSB – Craft Room			Min: 10 Max: 15
4000.208	SA	4/18/09	11:30-1:30 P.M.
4000.209	SA	5/9/09	11:30-1:30 P.M.

BABY SPIELBERG: ANIMATION FOR KIDS

An animation class designed for little ones using action figures and Legos, kids will learn how to make a character come to life and move. Together they will create and shoot a short film with lots of action and plenty of giggles.

Instructor: Freshi Staff			Ages: 5-7 yrs.
Fee: \$36			Length: 2 hrs.
Location: WCSB – Craft Room			Min: 10 Max: 15
4000.210 SA 5/2/09			12:00-2:00 P.M.
4000.211	SA	5/9/09	2:00-4:00 P.M.

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. A \$15 materials fee is payable to the instructor at class.

yrs. +
1 day
lax: 20
1:00 A.M.
0:00 P.M.
0:00 P.M.
1

FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$15 materials fee is payable to the instructor at class.

Instructor: Jack Griswold			Ages: 12 yrs. +
Fee: \$10 (+ m	aterials fee	2)	Length: 1 day
Location: W	CSB Room i	Á/B	Min: 8 Max: 20
*May 26 class	s held at W	CSB Room 3/4	
400Ó.215	SA	4/18/09	11:00-2:00 P.M.
4000.216	Тн	4/30/09	6:00-10:00 P.M.
4000.217	Tυ	5/26/09*	6:00-10:00 P.M.

Register for classes online at www.activenet.active.com/westminster _

(714) 895-2860



SUPERSITTERS! BABYSITTING SMARTS

This is a great common sense course designed for anyone caring for children. This class meets the Girl Scout Merit Badge requirement. Students will have a quick review of basic CPR, first aid, and how to reduce the spread of germs in order to keep everyone healthy. A \$5 materials fee is payable to instructor at class.

Instructor: Jack Griswold
Fee: \$31 (+ materials fee)
Location: WCSB Room A/B
4/18/09
Ages: 11 yrs. +
Length: 2 hours
Min: 8 Max: 20
2:00-4:00 P.M.

BECOME SLENDER WITH HYPNOSIS

Releasing weight and feeling great as your mind and body create the habits and responses that lead to SUCCESS, COMFORT, and AND SATISFACTION. An optional cassette/CD is available in class for \$12.00. Pillow/blanket/mat are all optional. For more information visit my website at www.hypnosishelptapes.com.

Instructor: Pamela J. Schmidt, M.S., C.C.H.

Fee: \$46

Location: WCSB Room A/B

4/13/09

Ages: Adult

Length: 4 weeks

Min: 8 Max: 20

7:30-9:00 P.M.

EARN MONEY NOW! HOW TO SELL ON EBAY

Everyone has lots of stuff in their closets, drawers, garages and are even paying for storage areas to hold this stuff. Why not make some money and help out others clear out their stuff at the same time? This class will show you how to sell on eBay. We will discuss organization, categorization and how to write posts for your items.

Instructor: Frances Greenspan

Fee: \$89

Location: WCSB Room B

4000.219 W 5/27/09

Ages: 18 yrs. +
Length: 2 weeks
Min: 3 Max: 25
10:00 A.M.-1:00 P.M.

BECOME A NON-SMOKER WITH HYPNOSIS

If your MONEY and HEALTH have been going up in smoke, it's time to claim your RIGHT to be smoke-FREE! This workshop will guide your mind to accomplish this goal, for all the important reasons! An optional CD is available in class for \$12.00. Pillow/blanket/mat are all optional. For more information visit my website at www.hypnosishelptapes.com.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Ages: Adult
Fee: \$24 Length: 2 weeks
Location: WCSB Room A/B Min: 6 Max: 20
4000.220 M 5/11/09 7:30-9:00 P.M.



ONLINE DRIVER'S EDUCATION

Are you tired of asking your parents for a ride? Are you at least 15 years old? If so, this class is for you. This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, DMV procedures and much more. Receive DMV-approved Certificate of Completion (OL 237). This class is a requirement for teens under 17 ½ years old to obtain a learner's permit & driver's license. A licensed instructor is available to answer any questions. Sign up any time. Students <u>must have access</u> to the Internet to participate in the course. Students will be contacted with login information after registering for the class.

Instructor: Erika Vieyra Ages: 15 +

Fee: \$45 Length: 24/7 daily access

Location: Your home computer

4000.222 TBD APRIL - JUNE
ARRANGED AFTER REGISTERING

KIDSTAGE

KidStage, an international after-school drama program for youths, gives kids the opportunity to discover the theatre, their acting abilities, build self-confidence, leadership, and teamwork skills while having fun in a safe, creative environment. Through improvisation, skits, theatre games & and of course, acting and drama exercises, children are empowered to find the performer inside all of us. **Please note: Students must be able to read.** A **\$3.00** materials fee is due instructor at the first class.

Instructor: K	Ages: 6-14 yrs.		
Fee: \$90 (+ m	Length: 6 weeks		
Location: WCSB Craft Room			Min: 8 Max: 15
4000.223	5:00-6:00 P.M.		
4000.224	SA	5/30/09	5:00-6:00 P.M.



WE CREATE COMMUNITY THROUGH PEOPLE, PARKS & PROGRAMS

PUPPY KINDERGARTEN START YOUR PUP OUT ON THE RIGHT PAW!

Establish good manners at an early age and make your new puppy a more enjoyable family member and better citizen of his community! Geared for young puppies between two and five months of age, course emphasizes socialization and introduces basic commands and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. First Meeting at H. Louis Senior Center, all other meetings are at Hare School Park. Please do NOT bring puppies to the first, orientation meeting. Do bring vaccination records and \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight (HHDOC) Fee: \$64.00
Ages: 10 yrs. to Adult (Handlers) (+ insurance fee)
Location: H. Louis Lake Senior Center (Dogs: 2-5 months)
Length: 6 weeks Min: 6 Max: 25
(1st mtg. orientation, held inside w/out dogs)

(ALL other mtgs. **with dogs** held at Hare Park School) **4000.225 SA 4/4/09 8:30-9:30 A.M.**

DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. First Meeting at H. Louis Senior Center, all other meetings are at Hare School Park. The **first meeting will be an orientation, WITHOUT DOGS.** Please bring vaccination records and \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight
Hacienda Hills Dog Obedience Club
Ages: 10 yrs. to Adult (Handlers)
Dogs: 6 mos. + (Irg. dogs 4 mos.)

Fee: \$76.00
(+insurance fee)
Length: 8 weeks
Min: 8 Max: 25

Location: H. Louis Lake Senior Center

(1st mtg. orientation, held inside w/out dogs)

(ALL other mtgs. with dogs held at Hare Park School)

4000.226 SA 4/4/09 9:30-10:30 A.M.

Register for classes online at www.activenet.active.com/westminster

DOG MANNERS "CRASH COURSE"

A 4 week, fast-paced course designed for people who need to accomplish their dog training goals and get behavior problems under control within a limited period of time. Each week several new obedience skills will be introduced and preventative and corrective measures for a variety of bad habits will be discussed (e.g. sit, down on command, stay in sit or down position in presence of distractions, come when called, and controlled walking on a leash. Pre-Register! You will be contacted regarding what to bring to the first lesson. Dogs are brought to all meetings. \$5 insurance fee due to your instructor at first meeting.

Instructor: Khara Knight, Fee: \$65.00
Hacienda Hills Dog Obedience Club
Ages: 10 yrs. to Adult (Handlers) Length: 4 weeks
Dogs: 6 mos. + (Irg. dogs 4 mos.)
Location: Bolsa Chica Park

4000.227 TU 4/14/09 6:15-7:35 P.M.



CALLING ALL FRISBEE DOGS!

Here's your chance to spend an afternoon learning techniques from an avid Dog-Disc competitor, David Procida. Workshop includes instruction on proper Frisbee throwing techniques, how to get your dog motivated to catch a disc AND bring it back to you, and an introduction on how to teach your dog various stunts like spinning, twisting, and weaving in-between your legs. Please bring your dog with a leash, collar, his current vaccination records, water, clean-up bags, a lawn chair, and \$5.00 for insurance and materials. Frisbees will be provided for each dog.

Instructor: David Procida

Hacienda Hills Dog Obed. Club

Ages: Handlers, 10 yrs. +

Dogs: (6 mnths +)

Location: Edgar Park, Garden Grove

4000.228

SA

4/25/09

Fee: \$39.00

(+ insurance fee)

Length: 3 hrs.

Min: 3 dogs

Max: 12 dogs

12:00-3:00 p.M.

(714) 895-2860



PRIVATE IN-HOME TRAINING FOR YOUR DOG OR PUPPY

Need help in canine communication, but prefer the convenience and privacy of your own home rather than a group setting? This one-on-one training course is for you! A professional trainer from Hacienda Hills Dog Obedience Club will meet with you for 3 one hour lessons, at a time convenient for you. Basic obedience commands and personalized help with correcting annoying bad habits like jumping on guests, nuisance barking, digging, chewing, escaping from the yard, housebreaking, etc. will be taught. You will be contacted to schedule your lessons after registering for the class.

Instructor: Khara Knight Ages: 14+ Hacienda Hills Dog Obedience Staff Fee: \$230.00

Location: Registrant's Home Length: 3 (1 hr.) classes 4000.229 TBD APRIL - JUNE 8:00 A.M.-8:00 P.M.

A DAY AT THE FARM

Come to the Farm! Hold a chicken, walk a sheep, and ride a pony! Make a fun farm craft! Sing a song with puppets! An additional \$15.00 materials fee will be due at first meeting. Please wear closed-toed shoes and bring a bicycle helmet. **Parent participation required.**

Instructor: Cheryl Skidmore & Staff
Fee: \$55 (+ materials fee)
Location: Rancho Del Rio Stables
4000.230
F 4/17/09
4000.231
F 5/15/09
Ages: 18 mnths-6 yrs.
Length: 4 weeks
Min: 5 Max: 15
11:00 A.M.-12:00 P.M.
11:00 A.M.-12:00 P.M.

HORSE FUN FOR PRESCHOOLERS

Grab your parents hand and let's ride horses! Young children will learn how to handle and ride a real horse! An additional \$15.00 materials fee will be due at 1st meeting. Please wear low-heeled, closed-toed shoes, and bring a bicycle helmet for your tot. **Parent participation required.**

Instructor: Cheryl Skidmore & Staff
Fee: \$55 (+ materials fee)
Location: Rancho Del Rio Stables
4000.232
SA
4/18/09
1:00-2:00 P.M.
4000.233
SA
5/16/09
1:00-2:00 P.M.



HORSE FUN FOR KIDS

Let's ride! Learn how to handle real live horses! Learn to halter, feed, groom, and saddle! Basic riding instruction. An additional \$15.00 materials fee is due at the first class meeting. Please wear low-heeled, closed-toed shoes, and bring a bicycle helmet.

Instructor: Ch	Ages: 7-12 yrs.		
Fee: \$55.00 (+ materials fee)			Length: 4 weeks
Location: Rancho Del Rio Stables			Min: 5 Max: 15
4000.234 SA 4/18/09			2:00-3:00 P.M.
4000.235	\$A	5/16/09	2:00-3:00 P.M.

HORSE FUN FOR TEENS & ADULTS

Fulfill childhood dreams! Learn to ride a horse! We'll teach you the basic fundamentals of horsemanship! This class prepares you for individual lessons. An additional \$15.00 materials fee is due at the first class meeting. Please wear low-heeled, close-toed shoes, and bring a bicycle helmet.

Instructor: Cl	heryl Skidn	Ages: 13 yrs. +	
Fee: \$55 (+ m	aterials fee	Length: 4 weeks	
Location: Rancho Del Rio Stables			Min: 5 Max: 15
4000.236 SA 4/18/09			3:00-4:00 P.M.
4000.237	SA	5/16/09	3:00-4:00 P.M.

INSTRUCTORS WANTED

Do you have a special talent or skill and a strong desire to share with others? The City of Westminster is looking for new instructors who want to share their knowledge and talents through teaching truly unique recreational time classes! Interested? Please call (714) 895-2860, x 556.



-SPORTS & FITNESS -

PILATES

Whether a dancer, an athlete, or simply someone interested in keeping your body fit, the Pilates method of exercise is right for you! Pilates works specific muscles in a controlled, scientific way in order to increase agility and strength. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints and muscles. Participants work at their own level of fitness. Be sure to bring a mat.

Instructor: Christina Prince & Ms. Dawna Ludwig

Fee: \$45.00 Ages: 18+

Length: 5 weeks

Location: H. Louis Lake Sr. Center

Min: 6 Max: 25 4/21/08

5000.201 Τυ 5:40-6:50 P.M.

SHORINJI KEMPO

Shorinji Kempo was developed as a martial art to teach people to be peaceful by helping individuals improve their minds, promote good health and develop an effective means of protecting themselves and if required to protect others. Rather than always focusing on physical strength, Shorinji Kempo martial arts also relies on improving the character of the person through the study of A) Learning Japanese Language B) Hard techniques basic punches and kicks C) Soft Techniques (Basic escaping) D) Acupressure (Study of pressure points) E) Philosophy towards humanity. For more information, please call (949) 510-1569 or email Pankaj.rastogi@panasonic.aero

Instructor: Pankaj Rastogi Ages: 5 yrs. + Length: 3 months Fee: \$65 Location: WLCH Fellowship Hall Min: 1 Max: 35 6:30-7:30 P.M. (CHILDREN) 5000.202 M&TH 4/13/09 5000,203 M & TH 4/13/09 7:30-8:30 P.M. (ADULT)



TENNIS CLASSES AHEAD! PAGES 24 - 25

O.C. ELITE CHEER & TUMBLING

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Participants will be required to purchase uniforms for



competitions (approximately \$250.00); however, fundraising opportunities will be available to help defray the cost.

Instructor: B	rooke McC	Ages: 6-14 yrs.	
Fee: \$50 (+ uniform cost) Location: WCSB East/West Room			Length: 4 weeks Min: 6 Max: 25
5000.205 M 5/4/09*			5:00-6:30 P.M.
5000 206	M	6/8/09	5:00-6:30 PM

*No class May 25, 2009



KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

5000.207	Тн	4/16/09	5:00-5:30 P.M.
Location: WCSB East/West Room			Min: 6 Max: 28
Fee: \$40			Length: 6 weeks
Instructor: G	ary Pitts		Ages: 3-6 yrs.

BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

P.M.
: 28
eeks
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(714) 895-2860



GOLF BASICS

Golf basics are great not only for beginners, but for golfers of all skill levels who need a refresher in fundamentals. Learn golf in a fun, non-threatening environment. Our goal is simple: to help you develop a passion for the game of golf.

Instructor: Gene Shouler			Ages: 18 +
Fee: \$199			Length: 5 weeks
Location: D	avid L. Bake	r Golf Course	Min: 2 Max: 6
5000.209	Тн	5/07/09	6:00-7:00 P.M.
5000.210	Тн	6/04/09	6:00-7:00 P.M.
5000.211	Тн	7/02/09	6:00-7:00 P.M.



Are you a golfer who wants to sharpen your skills or just play for fun? This is the class for you! Learn golf in a fun, non-threatening environment. Sign up today!

Instructor: Gene Shouler		
		Length: 5 weeks
Location: David L. Baker Golf Course		
Τυ	5/05/09	6:00-7:00 P.M.
Τυ	6/02/09	6:00-7:00 P.M.
Τυ	7/07/09	6:00-7:00 p.m.
	vid L. Bakel Tu Tu	rid L. Baker Golf Course TU 5/05/09 TU 6/02/09

GET FIT WITH TAE KWON DO

Learn the basic fundamental techniques of this popular martial art through physical and mental conditioning, strengthening, agility, self-defense and much more. Instructor is a 2nd Degree Black Belt in Taekwondo.

Instructor	: Julie Young	Ages: 16 yrs. +	
Fee: \$65			Length: 4 weeks
Location: WCSB Room A/B			Min: 3 Max: 15
5000.215	TH	4/16/09	3:00-4:30 P.M.
5000.216	ТН	5/14/09*	3:00-4:30 P.M.

^{*}No class on May 28. Makeup class will be on June 11.





JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu	ı Nguyen.		
Fee: \$85 2 day	ys/week;	Ages: 5 - 11 yrs	
\$100 3 day	/s/week		Length: 5 weeks
Location: Wo	CSB Room A/I	В	Min: 3 Max: 15
5000.217	Tu/W	3/24/09	6:00-7:00 P.M.
5000.218	Tu/W/F	3/24/09	6:00-7:00 P.M.
5000.219	Tu/W	4/28/09	6:00-7:00 P.M.
5000.220	Tu/W/F	4/28/09	6:00-7:00 P.M.
5000.221	Tu/W	6/2/09	7:00-8:30 P.M.
5000.222	Tu/W/F	6/2/09	7:00-8:30 P.M.

COMPETITIVE JUDO~ BIG KIDS & ADULTS

A class that is designed for all levels to learn the competitive aspect of Judo. This class focuses on training for a competition and the self-defense aspect of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor:	: Tu Nguyen		
Fee: \$100	2 days/week;		Ages: 12 yrs. +
\$120 3	days/week		Length: 5 weeks
Location:	WCSB Room A/B		Min: 3 Max: 15
5000.223	Tu/W	3/24/09	7:00-8:30 P.M.
5000.224	Tu/W/F	3/24/09	7:00-8:30 P.M.
5000.225	Tu/W	4/28/09	7:00-8:30 P.M.
5000.226	Tu/W/F	4/28/09	7:00-8:30 P.M.
5000.227	Tu/W	6/2/09	7:00-8:30 P.M.
5000.228	Tu/W/F	6/2/09	7:00-8:30 P.M.



INTRODUCTION TO GYMNASTICS (CHILDREN)

These classes will introduce students to the vault, bars, beam, floor, and trampoline, with free time in the 'pit'. Classes are designed to enhance the students' confidence as they gain strength, flexibility, and coordination. Sorry, there are no make-ups for missed classes. Classes are combined with other city classes which may require participants to change class times, if their requested class is full. **EARLY REGISTRATION IS ENCOURAGED!**

Instructor: New Hope Gymnastics Staff			Ages: 3-4 yrs. coed	
Fee: \$89	Length: 8 weeks			
Location: New	Min: 3 Max: 8			
5000.231	M	4/13/09*	9:00-10:00 A.M.	
5000.232	Τυ	4/14/09	9:30-10:30 A.M.	
5000.233	W	4/15/09	9:00-10:00 A.M.	

^{*}No Class May 25. Makeup Class on June 8

BEG/INTERMEDIATE GYMNASTICS

These classes will introduce students to the vault, bars, beam, floor, and trampoline, with free time in the 'pit'. Classes are designed to enhance the students' confidence as they gain strength, flexibility, and coordination. Sorry, there are no make-ups for missed classes. Classes are combined with other city classes which may require participants to change class times, if their requested class is full.

Instructor: New Hope Gymnastics Staff			Ages: 4-5 yrs.
Fee: \$89	Length: 8 weeks		
Location: New	Min: 3 Max: 8		
5000.234	M	4/13/09*	11:00-12:00 P.M.
5000.235	Tυ	4/14/09	11:30-12:30 P.M.
5000.236 W 4/15/09			11:00-12:00 P.M.
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^{*}No Class May 25, Makeup Class on June 8

LEVEL 1 GIRLS

Girls will work on the basic skills to gain strength and flexibility so as to become proficient on all events; vault, bars, beam, floor, and trampoline. They will also use the 'pit' and rope.

Instructor: Ne	Ages: 5-8 yrs. Length: 8 weeks		
Fee: \$119			
Location: New	Min: 3 Max: 8		
5000.237	3:30-5:00 P.M.		
5000.238	SA	4/18/09	9:00-10:30 A.M.

PARENT-N-ME GYMNASTICS

Parents will assist and encourage their children as they learn the basic skills of gymnastics by jumping, skipping, hopping, rolling, kicking, balancing and swinging their way to a fun time in class. This is a teacher directed with parent assisted class.

Instructor: Ne	ew Hope Gyr	Ages: 2-3 yrs. +Parents	
Fee: \$89			Length: 8 weeks
Location: New Hope Academy Gymnastics			Min: 3 Max: 6
5000.239	M	4/13/09*	6:30-7:30 P.M.
5000.240	Tυ	4/14/09	10:30-11:30 A.M.
5000.241	W	4/15/09	6:30-7:30 P.M.

^{*}No Class May 25. Makeup Class on June 8

PARENT-N-ME PLAYTIME

Be a kid yourself as you roll, tumble, and bounce with your child in a safe and fun environment! This is an open gym style class. (Adult must be within arms length of their child.)

Instructor: New Hope Gymnastics Staff			Ages: 2-10 yrs.+Parents
Fee: \$56		Length: 8 weeks	
Location: New	/ Hope Acad	Min: 3 Max: 10	
5000.242	M	4/13/09*	10:00-11:00 A.M.
5000.243	W	4/15/09	10:00-11:00 A.M.
5000.244	TH	4/16/09	9:30-10:30 A.M.
*Na Class Ma	> = 1/-1/-	(0

^{*}No Class May 25, Makeup Class on June 8

PARENT -N- ME ICE SKATING

Spend some fun time learning to skate with your child. Skate at your own pace and get some great exercise. Price includes, public skating from 3:00 – 5:00 p.m. on Wednesday or 11:00 a.m. to 2:00 p.m. on Saturday. Skate rental is free. Dress warmly and wear gloves.

Instructor: OC Skating Academy at KHS			Ages: 3-6 yrs.
Fee: \$40.00		Length: 5 weeks	
Location: KHS	Ice Arena	Min: 1 Max: 10	
5000.245	W	4/08/09	5:00-5:30 P.M.
5000.246	SA	4/11/09	12:15-12:45 P.M.
5000.247	W	5/13/09*	5:00-5:30 P.M.
5000.248	SA	5/16/09*	12:15-12:45 P.M.
*No Class Ma	ıy 23 & May	[,] 24	



SKATING FOR TOTS

Children learn to have fun on skates. Hopping, gliding, playing games, and more, more its great exercise. Bring your child and watch them smile! Public skating from 3:00 – 5:00 on Wednesday or 11:00 – 2:00 on Saturday, skate rental is free. Please dress your children warm and gloves are a must! No parent is to leave the building while their child is on the ice.

Instructor: OC	Skating Acad	Ages: 3-6 yrs.	
Fee: \$40.00		Length: 5 weeks	
Location: KHS	Ice Arena	Min: 1 Max: 10	
5000.249	W	4/8/09	5:00-5:30 P.M.
5000.250	SA	4/11/09	11:10-11:30 A.M.
5000.251	W	5/13/09*	5:00-5:30 P.M.
5000.252 SA 5/16/09*			11:10-11:30 A.M.
• • • • • • • • • • • • • • • • • • • •			

^{*}No Class May 23 & May 24

BEGINNING SKATE

Learn the beauty and grace of ice skating. Learn to glide forward, backward, stop, turn and more. Skate rental and public skating from 3:00 - 5:00 p.m. on Wednesday or 11:00 - 2:00 p.m. on Saturday, skate rental is free. Dress warm and wear gloves. No parent is to leave the building while their child is on the ice.

Instructor: OC Skating Academy at KHS			Ages: 7-15 yrs.	
Fee: \$40.00		Length: 5 weeks		
Location: KHS	Min: 1 Max: 10			
5000.253	W	4/8/09	5:30-6:00 P.M.	
5000.254	SA	4/11/09	11:10-11:40 A.M.	
5000.255	W	5/13/09*	5:30-6:00 P.M.	
5000.256	SA	5/16/09*	11:10-11:40 A.M.	
*No Class Ma	y 23 & May	' 24		

BEGINNING HOCKEY

This class is designed for the child who wants to play hockey. Basic skating skills are taught. Learn how to glide forward, stop, and turn backward on hockey skates. Hockey gear is optional. A helmet and a stick is a must. Public skating from 3:00-5:00 p.m. on Wednesday (sticks are not allowed on public session), plus skate rental is included.

Instructor: OC	Ages: 7-14 yrs.		
Fee: \$40.00	Length: 5 weeks		
Location: KHS	Ice Arena	Min: 1 Max: 10	
5000.257	W	4/8/09	5:30-6:00 P.M.
5000.258	W	5/13/09	5:30-6:00 P.M.

~ TENNIS ~

TINY TOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her one-half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA			Ages: 4-7 yrs.
Fee: \$31 (+ su	ipplies)	Length: 5 weeks	
Location: Par	rk West Pa	Min: 6 Max: 15	
6000.201	Τυ	4/7/09	4:00-4:30 P.M.
6000.202	W	4/8/09	4:00-4:30 P.M.
6000.203	TH	4/9/09	3:30-4:00 P.M.
6000.204	ΤU	5/12/09	4:00-4:30 P.M.
6000.205	W	5/13/09	4:00-4:30 P.M.
6000.206	TH	5/14/09	3:30-4:00 P.M.

BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

Instructor: Be	ecky Recav	arren, USPTA	Ages: 7-15 yrs.
Fee: \$51 (+ su	pplies)		Length: 5 weeks
Location: Par	k West Pa	rk	Min: 6 Max: 15
6000.207	Τυ	4/7/09	4:30-5:30 P.M.
6000.208	W	4/8/09	4:30-5:30 P.M.
6000.209	SA	4/11/09	8:00-9:00 A.M.
6000.210	Τυ	5/12/09	4:30-5:30 P.M.
6000.211	W	5/13/09	4:30-5:30 P.M.
6000.212	SA	5/16/09	8:00-9:00 A.M.

INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: B	ecky Recav	arren, USPTA	Ages: 7-15 yrs.
Fee: \$51 (+ su	ıpplies)		Length: 5 weeks
Location: Par	rk West Pai	rk	Min: 6 Max: 15
6000.213	Τυ	4/7/09	5:30-6:30 P.M.
6000.214	W	4/8/09	5:30-6:30 P.M.
6000.215	Τυ	5/12/09	5:30-6:30 P.M.
6000.216	W	5/13/09	5:30-6:30 P.M.
			(714) 895-2860



INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: Be	ckv Recav	arren. USPTA	Ages: 10-16 yrs.
Fee: \$51 (+ su	•	,	Length: 5 weeks
Location: Par	k West Par	·k	Min: 6 Max: 15
6000.217*	TH	4/9/09	4:00-5:15 P.M.
6000.218*	Тн	5/14/09	4:00-5:15 P.M.

^{*}Instructor Permission Only

INSTRUCTOR SPOTLIGHT + JASEIDA MOJICA



Jaseida Mojica, owner and director of WESPAC, Westminster Performing Arts Center, is a true entrepreneur. It was her ambition to start a company that would showcase her talents and validate her work. Jaseida graduated with a B.S. in Biochemistry from the California State University in Fullerton and received a dance scholarship

from the Defore Foundation for the Arts. After receiving her certifications from the American Council on Exercise (ACE) and the American Heart Association (AHA) she taught and choreographed for several gyms, universities, schools, community centers and dance studios in Orange County from Brea to Lake Forest. It was then that she performed for Disney which gave her the opportunity to work with celebrities like Arnold Schwarzeneggar, Maria Shriver and their kids. Jaseida has appeared in music videos and television, and choreographed for many professional actors, singers, dancers and corporations.

When Jaseida started WESPAC in 1999, she had no idea where it would lead because she had just graduated from the university and had left a job in the biochemistry field. She decided to move forward and completely dedicated herself to her life's work and passion in teaching children, teens and adults how to dance. Some of Jaseida's students have appeared in movies, television and music videos, while others have danced on tour with musicians, and others have gone on to receive dance scholarships.

WESPAC offers a variety of dance styles including hip hop, jazz, ballet, tap, hula, tumbling and belly dancing with competition and performing groups available by audition. All students get an opportunity to perform at the annual Westminster Rose Center recital and at the Orange County Fair. They also offer private lessons in salsa and swing as well as choreography for birthday parties, weddings, quinceañeras and sweet sixteens. Soon, they will be offering master classes. WESPAC invites you to learn to dance with them!

BEGINNING/INTERMEDIATE ADULTS

A member of the United States Professional Tennis Association, Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Bed	cky Recavari	ren, USPTA	Ages: 16 yrs. to Adult
Fee: \$51 (+ sup	plies)		Length: 5 weeks
Location: Park	West Park		Min: 6 Max: 15
6000.219	Τυ	4/7/09	6:30-7:30 P.M.
6000.220	SA	4/11/09	9:00-10:00 A.M.
6000.221	Tυ	5/12/09	6:30-7:30 P.M.
6000.222	SA	5/16/09	9:00-10:00 A.M.







VISUAL, PERFORMING & CULTURAL ARTS

CULTURAL ARTS COMMISSION

Kelly Cao, Chairperson
Miriam Aguillares, Vice Chairperson
Mimi Lozano Holtzman
Larry Luera
Gloria Reyes
Ginger Waugh-Borden, Alternate
Nhi Van Ho, Alternate
Loretta Kripper, Alternate
Linh Nguyen, Alternate
Peter Nguyen, Alternate

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L.

Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at Sigler Park on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER CHORALE – Call Hazel LaVigne at 531-0590. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

WESTMINSTER COMMUNITY THEATER - Call Rhonda at (714) 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714)

891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714)

502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

CLASS ACT - **Call Alicia Cain at (714) 593-1501** to book this group of Senior Citizen singers, or to get information on how to become a member.

orange county rose society – Call Tom Cooney at (949) 362-2710 or visit our website at http://www.websightstech.com/ocrs/. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.



ROSE CENTER FOUNDATION –The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-898-3311 ext. 275 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com

WESTMINSTER TOASTMASTERS – Call William "Bill" or Carol Ostashay at (714) 897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.

INFORMATION FOR SENIORS



COMMISSION ON AGING

Vince Agor, Chairperson Nora Barajas Phil Hodgetts Jerry Meade Vince Petronzio Ginger Waugh-Borden Carolyn Black, Alternate Erwin Vysma, Alternate

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

SERVICES

Blood Pressure Testing – Thursdays 9:00 a.m.–11:00 a.m.

Commodities Distribution – The 2nd Wednesday of each month from 9:00 a.m. – 12:00 Noon. To qualify: be 60 years or older, low-income, and live in Westminster.

H.I.C.A.P. – The Health Insurance Counseling and Advocacy Program has a counselor available at the Senior Center on the 2nd Monday of each month from 10:00 a.m. – 12:00 noon, by appointment only. Bring questions regarding HMOs, MediCare, or MediCal. A Vietnamese counselor is available the 1st & 3rd Mondays of each month.

Home Meals – Call SeniorServ (714) 229-3371.

Information and Referrals – Staff is available to answer inquiries on senior activities and services.

Free Legal Services – Legal Aid is available by appointment on April 3, May 1, June 5 from 9:00 a.m. – 12 noon. For general advice on legal matters visit us on the 3rd Tuesday of each month from 10:00 a.m. – 12:00 noon. Appointments are made at the Front Desk.

Health Screening - Wednesdays. This is for age 50 and above. Call for an appointment with Preventive Health Care for Adults (714)-895-2878.

Westminster on Wheels (WOW) Shuttle – Free group pick-ups and shopping routes, Monday through Thursday, 9:00 a.m.- 1:00 p.m. (Curb to Curb Service). Call the Senior Center for more information.

Westminster on Wheels (WOW) Van Transportation

– Transportation to the Senior Center for the meals program is available Monday through Friday for Westminster residents. Call the Senior Center for more information.

File of Life – Request this form to keep records of your medications and/or health conditions. Keep it on your refrigerator to alert Paramedics. It could save your life!

SENIOR FITNESS

Join one of the following weekly exercise classes, designed specifically for older adults.

Aerobics	Monday	10:00 a.m.
Adult Fitness	Tuesday & Wednesday	10:00 a.m.
Beg. Adult Fitness	Tuesday & Thursday	12:30 p.m.
Balance & Mobility	Tuesday & Thursday	8:45 a.m.
Line Dancing	Monday	3:00 p.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Yoga	Tuesday	9:00, 10:00,
		11:00a.m.
Tai Chi	Friday	9:00 a.m.

PREVENTIVE HEALTH CARE FOR ADULTS CLASSES (PHCA)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

April 1	Hiatal hernia
May 6	Urinary Incontinence
June 3	Cancer Prevention
July 1	Hearing Problems as we age

DIABETES EDUCATION AND SUPPORT GROUP (PHCA)

Facilitated by Jane Hannah, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 12:30 a.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

March 25	Depression and diabetes
April 15	Mouth and Teeth Care and Diabetes
May 13	Carb Counting, reading labels
June 17	Portion control, and replacement food

Register for classes online at www.activenet.active.com/westminster _

(714) 895-2860



ACTIVITIES FOR SENIORS

~ PROGRAMS & CLASSES ~

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. Each meal offers 1/3 of the recommended daily allowance of vitamins and minerals, and is prepared by COMMUNITY SENIORSERV, a



federally funded program for older adults. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member. Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

April 9 & 10 June 18, 19 Aug 27, 28

CROCHETING AND KNITTING

The "Yarn Spinners" welcome new members. This group enjoys knitting and crocheting for charities. The group donates handmade articles to Interval House, CHOC, and the seniors' Craft Closet. Watch how a little project turns into something meaningful. The group meets every Monday, Wednesday, and Friday from 9:00 a.m.–11:30 a.m.



LONGEVITY STICK

Longevity Stick is a Vietnamese form of exercise involving slow movement and stretching. Exercises are done with a long stick, which must be the same length as your height. Each student needs to bring a stick to each class. Beginners are welcome to join any time on Mondays or Thursdays at 9:00 a.m.

BALANCE AND MOBILITY

This is a preventive class for seniors at risk of falling. You must meet entrance criteria which includes a doctor's clearance, medical history, and balance evaluation before enrollment. Class meets every Tuesday and Thursday at 8:45 a.m.

DINNER GROUP

Join the monthly dinner group which meets at local restaurants every 3rd Wednesday at 4:30 p.m. It takes advantage of senior specials, so cost is minimal. Call the Center for restaurant locations and to make your reservation.

BRIDGE CLUB

Bridge Club meets Monday and Thursday. The games begin at 12:00 noon.

BUNCO

Bunco is played the 4th Wednesday of the month at 12:30 p.m.

CHESS CLUB

The Chess Club meets on Tuesdays and Thursdays beginning at 7:30 a.m. New members are always welcome.

MAH JONGG

The Mah Jongg group meets every Monday morning at 10:00 a.m.

SUDOKU

Those interested meet Friday mornings at 10:30 am.

INFORMATION AND ACTIVITIES FOR SENIORS



BEGINNING LINE DANCING

A Beginning Line Dancing class taught through Huntington Beach Adult Education is offered on Mondays at 3:00 p.m. in the East/West Room. Come and join the fun while you exercise your mind and body!

MOVIES

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

PROJECT S.H.U.E.



Do you have extra time to listen to a child read? If yes, please consider volunteering at Project S.H.U.E. (<u>S</u>afety, <u>H</u>ealth, <u>U</u>nderstanding, and <u>E</u>ducation). During the school year, between

2:00 p.m.-4:30 p.m., Monday through Thursday, there are children who need help with their homework, with language development, in building self-esteem and confidence, as well as just experiencing the joy of achievement. If you would like further information regarding volunteer opportunities, or employment at Project S.H.U.E., please contact Jeanine Manfro at (714)-895-2860, ext. 594.

WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

The major fundraiser held to fulfill this mission is the Foundation's annual Senior Health Expo. This year's Expo, will be May 20th, providing seniors access to health screenings, insurance and physician information, financial information, and other facts and fun. Proceeds from the Expos help support numerous Senior Center programs.



TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Huntington Library Tour	April 15	\$74
U.S.S. Midway, San Diego	May 28 th	\$63
Wild Animal Park	June 18 th	\$63
Pagent of Masters	July 15	\$54

REACHING OUT TO THE ELDERLY HOMEBOUND SENIORS IN WESTMINSTER:

"Christmas in July" is a program started by Mayor Margie Rice eight years ago. Elderly homebound seniors on the Home Delivered Meal program request a gift from a list of suggested items. These wishes are made available on a Christmas tree in the lobby of City Hall. The public may select a wish, purchase it and return the gift wrapped to City Hall. The gifts are then delivered by volunteer drivers. It is truly rewarding reaching out! The wishes on the "Christmas in July" tree will be available the last week in June.

INFORMATION AND ACTIVITIES FOR SENIORS



SILENT AUCTION

The Silent Auction will be held April 21-23, ending after lunch at 12:30 p.m. on April 23. The proceeds will be going to help out Project S.H.U.E., the intergenerational program that meets Monday through Thursday to help children with reading and math. We are looking for donations for the auction. If you have items that are new or "like new", please bring them to the center by April 10 and give them to Claire Hutchinson. If you have any questions about the auction or items you might want to bring, please call Claire at 714-895-2878 ext. 580.

VOLUNTEERS ARE NEEDED!

There are several exciting volunteer opportunities for the Westminster Senior Center. In order to provide quality programming and services, volunteers are needed. If you are interested in helping with any of the programs below, please send your interest form to: Claire Hutchinson, Westminster Senior Center, 8200 Westminster Blvd., Westminster, CA 92683. Phone: (714)-895-2878 ext. 580.

Rose Center Theater

14140 Mt American Way Westminster, CM 92683 714.793.1150

www.rosecentertheater.com

Calendar of Events

March 13 - 15 The House of Blue Leaves APA Play

March 18 An Evening with John Schmidt Piano Concert

April 2 - 5 Godspell RCT Musical



April 11

Vietnamese American Philharmonic Orchestra Concert

April 16 - 17 The Wiz APA Youth Musical

April 18 Clifton Dance Prject Dance Concert

April 19 Good Earth Entertainment Vietnamese Concert



FOSTER/ADOPTIVE PARENTING

It only takes ordinary people to do extraordinary things. There are over 3,000 children in Orange County who have suffered from physical and emotional abuse and neglect. We need Orange County families that can provide them a safe and loving home. Foster parents and adoptive parents are the most valuable resource to abused and neglected children. Make it happen for our children. Become a foster or adoptive parent. For more information call 1-888-871-KIDS (5437) or visit our website at www.oc4kids.com.

WESTMINSTER YOUTH COMMITTEE

The purpose of the Westminster Youth Committee is to address the needs of the City's young people through volunteering, while promoting a sense of civic pride. Organizing and implementing youth-focused programs and volunteering their time to established city programs and events, the current YC members offer unique and diversified perspectives.

The City is always looking for motivated and passionate young citizens committed to promoting the important role of our youth in enhancing our community. This is what makes our Westminster Youth Committee so vital. If you are interested in learning more about the Westminster Youth Committee, please contact the Community Services & Recreation Department at (714) 895-2860.

THE 2008-2009 YOUTH COMMITTEE MEMBERS ARE:

John Chu, Chair, Fountain Valley High School
Pauline Nguyen, Vice Chair, Marina High School
Andrew Duong, Westminster High School
Kevin Lam, Westminster High School
Candice Nguyen, Westminster High School
Duc Nguyen, Westminster High School
Katherine Duong, Warner Middle School
Lucy Wang, Marina High School
Judith Ayala, Marina High School
Krystal Lam, Westminster High School
Catherine Nguyen, Westminster High School
Richard Tran, Westminster High School
Kim Huynh, Warner Middle School

DON'T FORGET



EFFECTIVE JANUARY 1, 2009

A ban on text messaging while driving went into effect.

This new law makes it an infraction to write, send, or read text-based communication on an electronic wireless communication device, such as a cell phone, while driving.

Fines for violating this law are at least \$76 (including penalties) for a first offense and about \$190 for subsequent offenses, depending on the county in which the violation occurred.

WESTMINSTER POLICE DEPARTMENT 8200 WESTMINSTER BLVD. WESTMINSTER, CA 92683 PH. 714-898-3315



Introducing the City of Westminster's Housing Rehabilitation Loan Program



The Housing Rehabilitation Loan Program's purpose is to assist eligible low and moderate income homeowners to improve, maintain, and extend the useful lives of their residences.

The program offers rehabilitation loans of up to \$45,000 (up to \$50,000 if aluminum wiring repair is required) to eligible low and moderate income households at a deferred (zero) 0%, or low interest rates ranging from 3% to 3.5%, depending upon household income. The maximum eligible "household income" is determined by the size (number of persons in the household) and is categorized in the chart below according to the interest rate that will be charged.

The loans are to be used to correct code violations and to eliminate unsafe, unsanitary, and deteriorated living conditions. Thus, by preserving the structural integrity of the community's housing stock, along with providing a positive visual impact, the overall quality of Westminster's neighborhoods is improved.

Cligible projects include:

Fumigation

Household Income Cligibility Guidelines:

	9 , ,					
•	Building Code Violations	• Stucco	Household	Maximum Ho	ousehold Incon	nes*
•	Structural Repairs	 Front Door 	Size	<u>0%</u>	<u>3%</u>	3 . 5%
•	Re-roofing	Garage Door	1	\$52,100	\$ 58,900	\$ 70,600
	Electrical Repair	Interior Painting	2	\$59,500	\$ 67,300	\$ 80,700
	Water Heater/Heater	Vinyl Flooring	3	\$66,950	\$ 75,700	\$ 90,800
	•	, ,	4	\$74,400	\$ 84,100	\$100,900
	Plumbing Repairs	 Fencing/Gates 	5	\$80,350	\$ 90,800	\$109,000
•	Auminum Wiring Repair	 Driveway 	6	\$86,300	\$ 97,600	\$117,000
•	Windows	 Landscaping 	7	\$92,250	\$104,300	\$125,100
_	Exterior Painting	• Eumigation	0	\$98,200	\$111,000	\$133,200

2008 income effective April 12, 2008. Subject to Change April 2009

2008 Household Income:

For more information, please call the Housing Division staff at (714) 898-3311 ext. 6101 or visit our website for updated information at www.ci.westminster.ca.us.

Mobile Home Rehabilitation Grant Program



Exterior Painting

The Mobile Home Rehabilitation Grant Program's purpose is to assist eligible lower income mobile homeowners to improve, maintain and extend the useful lives of their mobile homes. The program offers rehabilitation grants of up to \$5,000 to eligible households. The maximum eligible "household income" is determined by the size (number of persons in the household) and is categorized in the chart below. Households with incomes of up to 80% of the county area median income are eligible. The grant can be used to correct code violations and to eliminate unsafe and deteriorated living conditions and thereby preserve affordable housing stock. **Please call (714)** 898-3311 ext. 6101.

Cligible projects include:

Building Code Violations	• Stucco	Household	Max. Household Incomes Incomes*
 Structural Repairs 	 Front Door 	Size	<u>0%</u>
Re-roofing	 Garage Door 	1	\$52,100
 Electrical Repair 	 Interior Painting 	2	\$59,500
 Water Heater/Heater 	 Vinyl Flooring 	3	\$66,950
 Plumbing Repairs 	 Fencing/Gates 	4	\$74,400
 Auminum Wiring Repair 	 Driveway 	5	\$80,350
 Windows 	 Landscaping 	6	\$86,300
Exterior Painting	 Fumigation 	Income effective 4	4/12/08, Subject to Change 4/09

Westminster • City of Progress • Built on Pride

(714) 895-2860



CITY SERVICES

WATER CUSTOMER SERVICE

For water billing, rates, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5:00 p.m.

For after hours water emergencies, call the Westminster Police Department at (714) 898-3315.

WATER CONSERVATION / REBATES FOR RESIDENTS AND BUSINESS OWNERS

Last June Governor Schwarzenegger declared a drought across the State of California. Our main source of water supply has been cut back and the State is relying on greater withdrawals from water storage reserves to offset this water loss. Westminster Water Division is encouraging residents and business owners to voluntarily conserve water. Conserving water is simple and will save you money!

REBATE PROGRAMS CURRENTLY AVAILABLE

High Efficiency Clothes Washer Rebate Program

High Efficiency Toilet Rebate Program

Smart Timer Rebate Program

Rotating Nozzle Rebate Program

Synthetic Turf Rebate Program

Restaurant / Food Equipment Rebate

Medical Equipment Rebates

Cooling Tower Conductivity Controllers

pH Conductivity Controllers

Pressurized Water Brooms

Rebates for Single-Family Residences 1-888 376-3314 or <u>www.</u> mwdoc.com/OCrebates

Rebates for Multi-Family Residences and Business Owners 1-877 728-2282 or www.mwdsaveabuck.com

CALIFORNIA FRIENDLY LANDSCAPE TRAINING PROGRAM

This training covers the basics of landscape design and is offered as either a four-part series, or a four-hour condensed mini-class. California native and California Friendly plants are featured. The four topics covered are:

Basic Landscape Design Landscape Plants

Landscape Sprinkler Systems
Landscape Watering & Fertilizing

Contact Beth Fahl from the Municipal Water District of Orange County at 714 593-5015 for details, or visit www.mwdoc.com/CFLT.htm

Do you wonder what is going on at your local police department? Now you can know!

The Community Briefing is a newsletter produced quarterly by the Westminster Police Department. Its main purpose is to share information about the Department with the community we serve. Topics vary with every issue, but they all relate to police work and our involvement with the community.

Newsletters are available at the City of Westminster website. If you would like to have the newsletter mailed to your home submit a request via email to admin@ewpd.org.

WESTMINSTER POLICE DEPARTMENT 8200 WESTMINSTER BLVD. WESTMINSTER, CA 92683 PH. 714-898-3315

A Word from Code Enforcement...

On-Line Complaints

Code Enforcement is now accepting online complaints.

Follow these simple steps.

- 1) Go to <u>www.westminster-ca.gov</u>
- 2) Click on Community Development Department
- 3) Click on Code Enforcement Division
- 4) Click on "How to File a complaint"
- 5) Send an email to $\underline{CodeEnforcement@westminsterca.gov}$

That's it! It's that easy.

TRASH BINS IN PUBLIC VIEW....

Did you know that your trash bins must be stored outside of public view at all times other than the night prior to and the day of the regularly scheduled pick-up days in your neighborhood? WMC section 12.16.030 prescribes that no trash or other articles shall be placed in public view "... before 6:00 p.m. on the day before the scheduled pick-up day" and no later than "... 11:59 p.m. on the day the containers are emptied."

In an effort to keep our neighborhoods attractive, Code Enforcement personnel has been attaching trash bin hangers on those bins stored in violation with the City ordinance. This is our way of reaching out to the community to provide a friendly reminder of trash bin storage prior to the need for further enforcement. Everyone's cooperation is essential, so please be a courteous neighbor and store your trash bins appropriately.



VALUE OF TREES TO A COMMUNITY

The Tree Education Committee wants you to know that trees can add value to your home and help cool your home and neighborhood. The following are some facts that illustrate just how important trees are to a community.

Fact 1: Trees properly placed around buildings can reduce air conditioning needs by 30 percent and can save 20-50 percent in energy use for heating (US Forest Service).

Fact 2: Trees can be a stimulus to economic development, helping to attract new business and tourism (National Arbor Day Foundation).

Fact 3: The net cooling effect of a young, healthy tree is equivalent to ten room size air conditioners operating 20 hours a day (US Department of Agriculture).

Fact 4: Landscaping, especially with trees, can increase property values as much as 20 percent (Management Info Systems/ICMA)

Fact 5: The planting of trees means improved water quality resulting in less runoff and erosion (US Forest Service).

WESTMINSTER ARBOR DAY SATURDAY, APRIL 18, 2009

The Tree Education Committee invites you to participate in the City's annual Arbor Day celebration which will take place on Saturday, April 18, 2009. The event will be held at the Civic Center from 8:30am to 11:30am. There will be a tree planting demonstration as well as several trees planted in local neighborhoods. Additionally, information will be available on proper tree selection, maintenance, and water conservation techniques.

PARKWAY TREE PLANTING PROGRAMS

The City of Westminster has several programs to help you, your neighbors, or your customers to offset the cost of planting trees. The first program for interested residents and business owners who want a tree in their parkway is to purchase the designated tree and root barrier for \$50.00 per tree. To request that a tree be planted, please send a check in the amount of \$50.00 to the City of Westminster, Attention Virginia Price, 8200 Westminster Boulevard, Westminster, CA 92683. Please include your address and phone number. The City's tree contractor will plant the tree, which will take approximately four to six weeks for planting.

The second program for planting trees is available by petition to replant an entire street segment. The petition process consists of one resident or business owner obtaining the form for signatures and then contacting the other residents or businesses on the street segment to determine how many would like a tree planted in the parkway in front of their home or business. To obtain the form, contact Pete Quinn, Maintenance Superintendent, at 714/895-2876, ext. 6208. He will also provide the list of acceptable tree species to pick for planting. The City's tree contractor will plant the trees.

The third program offered is the Tree Voucher. If you are willing to provide the labor, the City will provide the tree and the root barrier. Please contact Pete Quinn at 714/895-2876, ext. 6208 to schedule a time to visit the City Corporation Yard and obtain the voucher so that you can pick up the free tree at a local nursery.

Additionally, we offer the "How to Plant Trees" brochure, which is available at City Hall and the City Yard. Please remember that while the City will keep the tree trimmed, the homeowner or business owner is responsible for watering the tree.

H20 TIPS TO SAVE 20 GALLONS A DAY

Activity

Wash full loads of laundry

Turn off water while brushing teeth

Take 5 minute showers

Running dishwasher only when full

Clean driveway with a broom instead of hose

Watering late at night or early in the morning

Fixing leaking toilets / using low flow showerheads

Reduce outdoor watering

Water Saved

15 gallons per load

2 gallons per minute

10 gallons per shower

3 gallons per load

20 gallons per minute

20 gallons per day

20 gallons per day

40 gallons per day





ORANGE COUNTY FIRE AUTHORITY

CANDLE SAFETY

People have safely enjoyed using candles for centuries. Their colors and scents enhance everyday life and evoke memories of special events. Candles are a source of light and delight when used properly and according to manufacturers' directions. However, if certain precautions are not taken by the consumer, candles can also become a factor

in a chain of events that can result in unnecessary injury and even death.

The United States Fire Administration (USFA) currently estimates that candles are responsible for approximately 15,600 residential structure fires each year and cause 1,270 civilian injuries, 150 fatalities, and \$539 million in property losses. December is the peak month for candle fires and Christmas is the peak day.

The USFA's National Fire Incident Reporting System, and the National Fire Protection Agency, suggest that candle fire incidents occur most often in the bedroom (40%); followed by the living room, family room or den (17%); the bathroom (14%); the kitchen (8%); 3% started unclassified function areas; and 3% started in dining rooms or bar areas. Most candle fire incidents are found to be due to consumer inattention to basic fire safety or to the misuse of candles. Nearly 50 percent of residential candle fires reportedly occurred because a combustible item was placed too close to the candle. In addition, nearly 18 percent occurred because candles were unattended, abandoned or inadequately controlled.

The Consumer Product Safety Commission has issued 30 recalls of nearly 5.4 million candles or candleholders since 1993. These recalls have been because the candle flame burns several inches above the candle or candleholder, which themselves are flammable.

Candle Safety Tips

- Keep candles at least 12 inches from anything that can burn.
- Use sturdy, safe candleholders.
- Never leave a burning candle unattended.
- · Extinguish candles when you leave a room.
- Be careful not to splatter wax when extinguishing a candle.
- Avoid using candles in bedrooms and sleeping areas.
- · Always use a flashlight, not a candle, for emergency lighting.
- Consider using battery-operated flameless candles.

Candles and Children

- · Keep candles up high out of reach of children.
- Never leave a child unattended in a room with a candle.
- A child should not sleep in a room with a lit candle.
- Don't allow children or teens to have candles in their bedrooms.

During Power Outages

- Use a flashlight instead of a candle whenever possible.
- Avoid carrying a lit candle.
- Don't use a lit candle when searching for items in a confined space.
- Never use a candle for a light when checking pilot lights or fueling equipment such as akerosene heater or lantern. The flame may ignite the fumes.

Candle Usage Tips

- Recommended burning time is one hour per inch diameter of the candle.
- Hold your finger in front of the flame as you blow the candle out.
 The air will flow around your finger and extinguish the candle from both sides. This prevents any hot wax from splattering.
- Keep wax pool free of wick trimmings and debris.

Home Inspections



Did you know that upon your request, an officer from the Westminster Police Department will stop by your house for a safety checkup?

Free Home Inspections are available for all Westminster residents. They allow you to get advice on how to improve your home to prevent burglaries.

If you are interested in scheduling a free Home Inspection contact the Westminster Police Department at 714-898-3315 ext 590.

WESTMINSTER POLICE DEPARTMENT 8200 WESTMINSTER BLVD. WESTMINSTER, CA 92683 PH. 714-898-3315





FREE EMERGENCY PREPAREDNESS CLASSES

The Westminster Police Department is offering free emergency preparedness classes to anyone who works or lives in Westminster through a program called Community Emergency Response Team (CERT). The CERT training program offers participants' opportunities to learn skills that can help them respond to emergency and disaster situations safely, effectively and efficiently. The Westminster Police Department is also offering advanced emergency preparedness CERT volunteer training to those interested in supporting the city during major emergencies and disasters.

The CERT classes are held at the Joint Forces Training Base (JFTB) in Los Alamitos. The next CERT class series schedule is below. Please attend every scheduled class. For a registration form, please visit our website and click on the CERT logo (pictured above) or contact Police Service Officer / Emergency Coordinator Rebecca Barlow 714-898-3315 ext 330 or rbarlow@ci.westminster.ca.us

Friday, April 17th 6p.m.-9:30p.m. Saturday, April 18th 8am-5p.m. Friday, April 24th 6p.m.-9:30p.m. Saturday, April 25th 8am-5p.m.







The City of Westminster & the Cultural Arts Commission present

WESTMINSTER'S "SHINING STARS" YOUTH ART CONTEST

All entries will receive recognition at the Cultural Arts Commission meeting on April 2nd at 6:30 p.m. in the Council Chambers, 8200 Westminster Blvd.

Art work will be on display at the Westminster Mall from April 13th through April 19th.

CONTEST RULES:

- One entry per student
- Students must be in the 1st through 12th grade and live or attend school in the City of Westminster.
- 3. Entries may include artwork compatible with any form of art paper, construction paper, poster board or canvas. Ink, pencil, pastel, charcoal, chalk, crayon, watercolors, acrylics or oil paints are all acceptable. The students name, address, phone number, school and grade must be on the back of the entry. There is no particular theme. Students may submit art on any subject appropriate to their age group. Art work should be original, an individual piece and ready to hang.

All entries must be submitted by 5:00 p.m. on Monday, March 23 to:

Westminster Community Services Department 8200 Westminster Blvd.

714-895-2860



LIBRARY



WESTMINSTER BRANCH LIBRARY

8180 13th Street, Westminster, CA 92683 (714) 893-5057 HOURS: Monday-Thursday 10:00 a.m.-9:00 p.m. Friday and Saturday- 10:00 a.m.-5:00 p.m. Sunday- 12:00-5:00 p.m.

CHILDREN'S PROGRAMS

Spring hath arrived and it is time to clean out your closets and come to the library and clean us out of all our books and READ! We encourage children of all ages to come to the library with their parents and learn what exciting books, DVDs, and programs we have available for you.

Throughout the entire year we host PRESCHOOL STORYTIME every Wednesday at 10:30 a.m. and TODDLER STORYTIME every Wednesday at 11:00 a.m.

FAMILY STORYTIME is at a very convenient time for the entire family to visit the library. We host a Family Story time each Saturday at 10:30 a.m.

Bring the little ones dressed in their pajamas and slippers and cozy up with a good book and enjoy the Children's Librarian telling stories at PAJAMA STORYTIME the second Thursday of each month at 6:00 p.m. Parents you can wear your slippers and be comfortable as well!!

We have a Baby Lapsit program coming soon with Board book giveaways. Mothers--watch for the date sometime in the Spring and bring your babies to enjoy the fun and frivolity!! The Library received a Target Grant for this program so you all can enjoy reading with your baby and the Librarian!!

Story times give children and families an opportunity to enjoy stories, crafts, and activities as well as help your child develop a love of books, & become a lifetime learner and reader!

IMAGINATION CELEBRATION!! Every Spring we encourage children of all ages to participate in art and craft programs at the Library and we display their art work. This year the Celebration runs from April 18th through May 17th. We will provide coloring sheets if you don't have your own art work or can't attend our art programs. There will be weekly arts & crafts programs each Monday at 3:30 p.m. and the artwork produced will be displayed in the library all month long.

To end the Imagination Celebration and also celebrate National Children's Book Week, there will also be a special after-school story time on Wednesday, May 13th at 3:30 p.m.

There will be a Food for Thought special event early March through the second week in April. Look for surprises and incentives to read.

Register for classes online at www.activenet.active.com/westminster

TEEN PROGRAMS

Watch for a date in March to begin preparing for the SAT/ College prep test. There will be a helpful, instructional class and seminar to assist you in preparing for this test to enter College.

Teen Tech Week is March 8 through March 14th and there will be events during this time. Watch the Website and our Blog for what's happening during this week.

The Teen Poetry Contest will be February 2, 2009 through March 14, 2009. Submissions will be accepted during these dates. We will also be looking for original Art Work for the cover of the winning poems which are bound into book form. Begin writing your poems and drawing now! Be creative, magical and full of fun and fantasy!

During the month of April we will conduct another SAT/College Prep seminar to again assist you with the test to enter college. Watch for the upcoming dates to be taught by the publishers of the books for these tests.

Westminster Library wants to resurrect its Teen Advisory Board and begin meeting regularly on a month or bimonthly basis. Have a say in what you want in your Library—book titles, CDs, DVDs, graphic novels, etc. We want to hear from you about what programs you'd like to see in the library too. Drop by and visit our new Teen Librarian, Elizabeth Horn. She's looking forward to meeting and chatting with you.

There are many TEEN VOLUNTEER OPPORTUNITIES at the Library! We are always looking for Volunteers and HOME-WORK HELPERS, so sign up at the Library and get started. Learn new crafts and help with the children's summer reading program

ADULT PROGRAMS

The Westminster Library hosts SCORE (Southern California Organization of Retired Executives) Business Workshops each month. These workshops are designed to help small businesses develop and succeed. Visit www.score114.org for more information and to sign up for the following workshops in the Spring:

March 17th 6 p.m. Demystifying Financial Statements April 21st 6 p.m. Develop a Winning Business Plan May 19th 6 p.m. Consulting as a Successful Business

Don't forget to join our monthly BOOK CLUB for adults! The Book Club meets the third Tuesday of every month to discuss selected titles. Contact the Library for more information or visit our website.

Join us during National Library Week from April 12th-April 18th, 2009. Watch for events to celebrate libraries throughout the United States!

(714) 895-2860

Cering

CHILDCARE



FRIENDS OF THE WESTMINSTER LIBRARY USED BOOKSTORE

Visit our used Bookstore and get the best bargain in town. Most books are 50 cents up to \$5.00 for hardback gently used books. Many other specials include romance novels and other paperback books and magazines at 10 cents. Proceeds help fund children's, teen & adult programs, buy new books for the library and supplement other library needs. Please phone 714.898.4245 for any questions. Please note the Friends conduct a SILENT AUCTION every six weeks. We accept donations of books, records, videos, CDs/DVDs, magazines, puzzles, games, pictures or just about anything, just ask us!

We are a volunteer organization and are always in need of more assistance.

We are located at the rear entrance of the library. Hours are Monday, Tuesday, Wednesday, Friday and Saturday 10-4 p.m. and Thursday 12-4 p.m.. We are closed Sunday. Hours may vary, so call us to make sure we are open before you visit.

CHILDCARE FACILITIES

Westminster Nursery School

(714-893-7979) Location: Bolsa Chica Park Westminster Nursery School is a parent-participation pre-school.

Programs offered are:

Parent and Me: Ages: 2 yrs. & above; Wednesday, 12:30-1:30; Fee: \$20.00 a month

<u>2-Day Program</u>: Ages: 3 yrs. (by Dec. 2) & above; Tuesday and Thursday, 9:00-Noon;

Fee: \$80.00 a month.

<u>Pre-K (or 3-Day Program)</u>: Ages: Must be 4 yrs. (by Dec.2); Monday, Wednesday, and Friday, 9:00-Noon; Fee: \$120.00 a month.

WESTMINSTER SCHOOL DISTRICT CHILD CARE SERVICES

Land School

Pre-school services are offered at Land School. The child care program is from 6:00 a.m.-6:00 p.m., Monday - Friday. Children from 3-5 years are welcome, but they must be potty-trained. The cost varies based on the number of days and times care is needed. For more information, please call Land School at (714) 898-8389.

The following schools in the Westminster School District offer child care services for children 5 years and up: Clegg, DeMille, Eastwood, Finley, Fryberger, Hayden, Meairs, Sequoia, Schmitt, and Schroeder. For more information, please call (714)894-7311.

Fees vary based on the type of care needed. Please contact Westminster School District Child Development Programs office at 898-8389 for more detailed information.



Registration begins March 30

There are 3 easy ways to register for classes . . .



MAIL-IN



On-line registration is just a click away... Mail completed form & payment to: Visit us...

Please visit www.activenet.active.com/westminster

Westminster Community Services & Recreation Department 8200 Westminster Blvd. Westminster, CA 92683 Westminster Community Services & Recreation Department at 8200 Westminster Blud.

You will need to pay by credit card to register on-line.

> Make checks payable to: City of Westminster

7:30 a.m. – 5:30 p.m. Monday – Thursday 7:30 a.m. – 4:30 Alternate Fridays

General Information & Refund Policy

- No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- Refunds must be requested before the end of the 3rd class meeting.
- Activities canceled by the department will be given automatic refunds.
- Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department continually striving to provide the highest quality recreation activities, ever and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 3rd class meeting, tell and we will arrange for you to:

- Repeat the class at no charge, -or-
- Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or writing. Your suggestions and comments are appreciated; they will help us the best job possible.

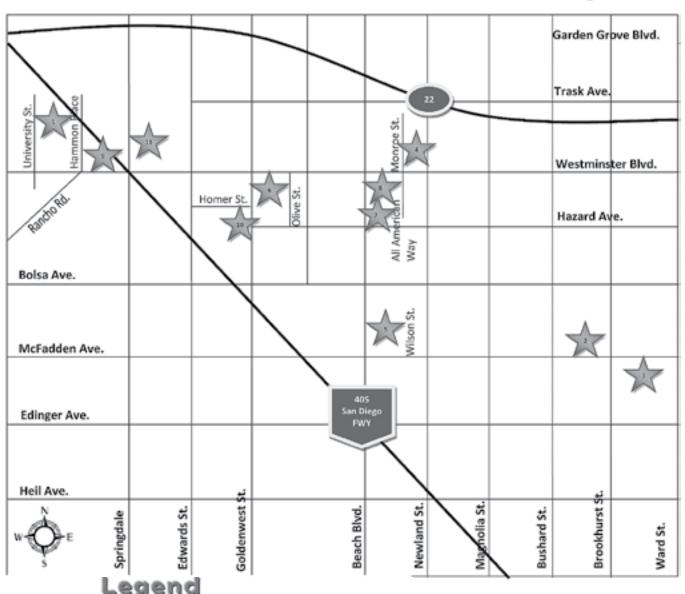


Registration Form

Community Services & Recreation Department

All information is requi	ired. Please Print.						
Parent/Adult No	ame: First				Last		
					Birth		
Address					Date		
City (Charles /7 in					Dhana (, ,	
City/State/Zip_							
					Cell		
Email address _					Phone (
Please list any sp	pecial needs						
Name of P	articipants	Birth		Act	ivity		
First	Last	Date	\$ex		mber	Name of Activity	Fee
			-				
						TOTAL FEES	
	Lia	ibility and	Pul	olicity F	Release	9	
For and in consideration	on of parmitting					to enroll in and parti	icinate in the
recreational program ent	itled,					sponsored by the City of	Westminster,
						and relinquishes any and all actional and an action and recreated and reliable and relia	
or any activities inciden	ital thereto wherever or I	however the san	ne may	occur and	for whatever	period said program may conti	nue, and the
						waive, discharge and relinquish no circumstances will he/she or	
						lamage or wrongful death again	
					nts, servants o	or employees for any of said cau	ses of action,
IT IS THE INTENTION	rise by the negligence of a OF	any or said person	s, or oth	erwise.	BY THIS	INSTRUMENT, TO EXEMPT A	ND RELIEVE
	IINSTER AND THE REL OR WRONGFUL DEATH (ALL LIABILITY FOR PERSON	IAL INJURY,
						event any claim for personal inju	iries, property
						icials, agents, contractors, volunt	
						of Westminster and the aforemen reasonable attorney's fees) by	
	nted for said personal injur						
						estminster and/or its officers, offi ned further agrees to pay any cos	
a result of such treatmen	rt.						
						unity service programs are sub use such photographs or videot	
Department websites and	d to publicize and promote	the City's progran	ns.	-			
						signs this release and waiver of nvolved in the specified comm	
						including but not limited to, a	
						lunteers, boards, departments	
						conditions, equipment, machi- nprovement. The Undersigne	
assumes all risks of k						fied recreational program or a	
incidental thereto.							
Signature					Date		

Parks & Recreation Facilities Legend



- Bolsa Chica Park Elden F. Gillesnie Park
- La Quinta High School
- Liberty Park
- Park West Park Sieler Park
- The Plano Place
- WCSB (Westminster Services & Rec. Building)
- Wespac Dance Center
- Westminster High School
- WLCH Fellowship Hall David L. Baker Golf Center
- Edgar Park
- Fountain Valley Music
- Garden Grove Sports/Recreation Ctr.
- H. Louis Lake Sr. Center
- Los Alamitos Rec. Center Los Alamos Park
- New Hope Academy
- Rancho Del Rio Stables
- West Grove Park
- West Haven Park

*MAP IS NOT TO SCALE 13660 University St. 9801 McFarldon Ave.

10372 McFadden Ave. 13900 Monroe St.

8301 McFadden Ave.

7200 Plaza St. 14441 Beach Blvd, #100

8200 Westminster Blvd. 5915 Westminster Blvd.

14325 Goldenwest St. 13841 Milton Ave. (945)510-1569

10410 Edinger, Fountain Valley (714) 963-2010 12781 Topat, Garden Grove (714)741-5200 8740 Warner Ave., Fountain Valley (714)963-2010

13641 Deodara, Gorden Grove (714)741-5200 11300 Stanford, Garden Grove (714)897-7099

30911 Oak Street, Los Alamitos

17901 Los Alamos St. Fountain Valley (714)839-8611 17270 New Hope St., Fountain Valley (714)556-8050

1370 So. Sanderson, Anahelm 5372 Cerulean, Garden Grove

12252 West Garden Grove Blvd., Garden Grove





WESTMINSTER PARKS CHART

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	City of Westminster Community Services & Recreation Department 8200 Westminster Blvd., Westminster, CA 92683 (714) 895-2860 TOTAL ACREAGE: 81.45 Acr	of Westminster es & Recreation Department Blvd., Westminster, CA 92683 TOTAL ACREAGE: 81.45 Acres	Developed Acres	Activity Bidg	sanbadnes	Basketball Courts Children's Play Area	Handicap Accessible Handball Courts	Picnic Tables	ушоодгау	Shade Shelter	yuedageyç	Softball Fields - Lighted	noitslugañ - eblai† lledtìo?	pedysejdS	Destrigit - ethuo Sinne T
1	1 Bolsa Chica Park	13660 University St.	4.90		Н		Н	٠	٠						т
2	2 Bowling Green Park	14700 Bowling Green St.	2.90			•		٠				П			
m	3 Buckingham Park	6502 Homer St.	5.00	Н				٠	٠				m		
4	4 Cascade Park	14100 Cascade St.	2.00					٠							
r.	5 Civic Center	8200 Westminster Blvd.		Н	Н	Н	Н				П	П		П	
9	6 Cloverdale Park	9721 Cloverdale Ave.	1.80	Н				٠			П	П	П	П	
7	7 College Park	15422 Vermont St.	3.90			•		٠							
90	8 Coronet Park	15252 Oakcliff Dr.	1.90	Н		•		٠							
6	9 Gillespie Park	9801 McFadden Ave.	3.50			•		٠	٠			1	1		2
10	10 Goldenwest Park	13200 Siskiyou St.	1.70			•		٠							
11	11 Heritage Park	14491 Beach Blvd .	0.70	Н		Н	Н								
12	12 Hoover Park	7482 - 21st St.	1.00	\exists	+	•		٠						\exists	
13	13 Indian Village Park	6060 Hefley St.	1.50	\exists	_	•		•	٠						
41	14 Land Park	15151 Temple St.	3.50	Н				٠		٠					
15	15 Leaora L. Blakey Park	8612 Westminster Blvd.	2.25	Н	Н	Н	Н					П			
16	16 Liberty Park	13900 Monroe St.	6.40			•	1	٠	٠		•				
17	17 Newcastle Park	14720 Kent St.	2.20	\exists		•		٠							Ī
138	18 Oasis Park	8612 Oasis	0.25	Н		•									
19	19 Park West Park	8301 McFadden Ave.	5.00			-		٠	٠			1	1		9
20	20 Russell C. Paris Park	8600 Palos Verdes Ave.	11.90			•		٠							
21	21 Sid Goldstein Freedom Park	14180 All American Way	1.45			•		٠	٠						
22	22 Sigler Park	7200 Plaza St.	9.00			•	2	٠	٠	٠		1	1		
23	23 Virginia Boos Park	13811 Haileigh St.	0.50	\exists	+	•		_						7	
24	24 Westminster Park	14402 Magnolia St.	8.70	\forall		•	2	\perp	٠		\forall	\forall	2	\forall	Ī
25	25 Westminster Village Park	5300 Tattershall St.	2.50			•	2	•							







The Westminster Family Resource Center is a community collaborative:

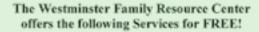
ABRAZAR, INC. (TO EMBRACE)





El Westminster Family Resource Center ofrece los siguientes servicios GRATIS!

- Representación Familiar
- Programa del Empoderamiento Personal
- Itervención de Violencia Domestica
- Información y Recomendaciones
- Talleres de Educación para Padres de Familia
- Promoción y Soporte para Adopciónes
- Servicios pare Reunificación de Familias
- Servicios Dentales
- Ayuda para recibir Alimentós
- Programa de Ayuda de Emergencias
- Programas para despues de escuela
- Administración de casos
- Consejeria individual y para familias



- Family Advocacy
- Personal Empowerment Program
- Domestic Violence Counseling
- Information & Referral
- Parent Education Workshops
- Adoption Promotion & Support
- Family Reunification Services
- Dental Services
- Emergency Food Program
- Emergency Assistance Program
- · After School Enrichment Programs
- Case Management Services
- Individual and Family Counseling



Office Hours: Monday—Friday, 8:00 am-5:00 pm Location: 8102 Westminster Blvd., Ste. E, Westminster, CA 92683

Phone: (714) 903-1331

Families and Communities Together (FaCT) is a partnership between the County of Orange Social Services Agency and Orangewood Children's Foundation. FaCT receives federal, state, and county funds including Promoting Sate and Stable Families, California Department of Social Services Office of Child Abuse Prevention, Governor's Office of Emergency Services, and the Children and Families Commission of Orange County.



PHUÏC VUÏ HOAØN TOAØN MIEÃN PHÍ

- Beânh võīc gia ñình
- Chöông trình ñago taïo khaû naêng chuyeân moân
- Coá vaán veà baïo haønh trong gia ñình
- Thoâng tin vaø Höôùng daãn
- Lôùp hoic daønh cho Phuï huynh
- Khuyeán khích, giuùp ñôð dòch vuï con nuoâi
- Dòch vuï Nha Khoa
- Chöông trình löông thöic khaản caáp
- Chöông trình trôï giuùp khaân caáp
- Chöông trình sau giôø hoïc
- Dòch vuï veà quaûn lyù vaø laönh ñaïo.



